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21 APRIL 2023

KGASWANE A WONDERLAND OF NATURAL MAJESTY



Model: Diana Booyens



Rustenburg – With temperatures dropping, there is no better reason to explore the wonderland of Kgaswane. After all, who doesn't enjoy a crisp and scenic sunrise stroll with a hot flask of coffee as a relaxing weekend starter?

Originally established on Rietvallei Farm, which once belonged to President Paul Kruger, the Kgaswane Mountain Reserve has gradually expanded over the years, and now—55 years later—covers some 4,900 hectares.

Quietly tucked away in the northern slopes of the Magaliesberg, some 10 km from Rustenburg's CBD, Kgaswane offers unique and diverse vegetation and boasts some amazing rock formations and streams which meander through its valleys—making it the perfect destination for hikers.

Fauna and flora enthusiasts are also in for a treat as the reserve hosts more than 600 plant species, and the wildlife includes sable antelope, rock rabbits, oribi, and eagles. There are 320 bird species at the reserve—an appealing statistic for birdwatchers. Visitors have also cited predators such as caracals, black-backed jackals, and leopards.

Vegetation comprising grassland, mixed woodland, and even scattered pockets of fynbos thrive in this

tranquil tourist attraction. More than 100 tree and bush species and several rare South African plants grow in this fantastical environment.

Kgaswane also has a large wetland which crosses the central part of the reserve. It was designated as a protected UNESCO Ramsar site in 2019, which identifies wetlands of international importance, particularly those providing wildfowl habitat. Those who have visited the reserve say the 5 km Peglere hiking trail is the best way to explore Kgaswane's majesty.

Although damages caused by floods are currently under repair, daytime visitors can still enjoy the reserve and access its facilities at R50 per adult, R20 for children (aged 2 to 12), R20 for pensioners, and an additional R20 to enter with your vehicle, R60 for a minibus, and R120 for bus entry.

There are 21 demarcated camping sites, at R60 per person per night. There are also two overnight huts for hikers who seek to take either the 19 km Avon More/Explorer trail or the 25 km Naga/Witkruis Krans trail. The two hiker's huts can accommodate 12 people at R150 p/p/n. Pre-booking is essential.

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FOOD LOVER'S MARKET

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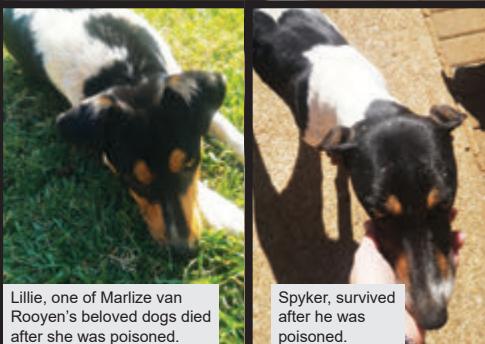
Address: Shop 9A, Magalies Hills Shopping Centre, Corner Hendrik Verwoerd & De Boer Street, Brits

RUSTENBURG

Tel: 014 050 0999

Address: Shop No. 15, Cnr of Oliver Tambo & Beyers Naude Drive, Rustenburg, 0299

BEWARE OF DOG POISONING!



Lillie, one of Marlize van Rooyen's beloved dogs died after she was poisoned.

Spyker, survived after he was poisoned.

Rustenburg – Our dogs are our loyal companions as each day, they await our arrival from work with happy faces and wagging tails. But more than that, they also serve to protect and alert us of any looming danger. For this reason, *Platinum Weekly* would like to issue a warning to Rustenburg's residents to beware of dog poisoning that seems to once again be picking up. Marlize van Rooyen was left heartbroken after her family's two dogs were poisoned during the early hours of Friday morning 14 April 2023.

"I woke up at approximately 05:00 and noticed that something was wrong with our dog, Lillie, because she didn't want to get up," Marlize told *Platinum Weekly*. "I gave her a mixture of raw eggs and milk and hoped that it would make her feel better. But when I noticed our other dog, Spyker, lying under the stairs in the same condition as Lillie, it quickly dawned on me that they might have been poisoned. I immediately administered activated charcoal to both dogs, but unfortunately, it was already too late for Lillie." According to Marlize, they suspect that their dogs were poisoned by two-step as Lillie's vomit was blue. Fortunately, Spyker managed to pull through.

Platinum Weekly reached out to Bergbos Animal Clinic veterinarian doctor Kobus Grobler to establish the best course of action in case your dog has been poisoned.

"Because the poison quickly takes action, it's important to get your pet to a vet as soon as possible. Some poisons are very potent; we have had a case where a dog was poisoned, and another just licked its face and was consequently also poisoned."

The poison perpetrators commonly use is aldicarb also known as 'two-step'. The regulation of this poison is very strict but unfortunately people still manage to get a hold of it. If you can get your dog to vomit, it will help to get some of the poison out." Kobus added: "The time you spend trying to give

your dog activated charcoal or other remedies could be critical time wasted. You will need to give your dog at least eight activated charcoal pills to make a difference and administering one or two pills to your dog can already be a challenge. The charcoal powder is an easier option because you can mix it with water but getting your dog to a vet should always be your first option."

For people who live on farms and who are not close to a veterinarian, a vet can prescribe an Atropine dosage according to the canine's size. However, it is better to administer into the vein as it increases the rate of survival.

The best approach is prevention. Keeping your pets inside can help to prevent them from getting poisoned during the night, but perpetrators can still leave poison in the yard, so it's best to scan your yard before letting your dogs out. Dogs can also be poisoned during the day when you're out at work, so it's best to teach your dogs to only eat food from their bowls, or upon command.

Also never pick up the poison with your bare hands; always use gloves as the skin can absorb the poison.

"It's also good to alert your neighbourhood watch; this way, the poisoning incident is communicated on safety groups, and others can be alert to suspicious activity. This also helps patrol members to know what to look out for," said Rustenburg Crime Combating Forum (RCCF) vice chairperson Clinton Cilliers.

Rustenburg vets' emergency numbers:

- Bergbos Animal Clinic:**
Office: 014 533 1959 | emergency: 083 653 1081
- Animal QI:**
014 941 1155 (office hours only)
- Pet Passion:**
Office: 081 595 4231 | emergency: 076 969 5999
- Zinniaville Animal Clinic:**
Office and emergency: 082 452 2896

DISCOVER - EXPERIENCE & EXPLORE

#SHOTLEFT2BOJANALA

Bojanala Platinum District Municipality awaits you to come and enjoy the beautiful scenic views of its - Natural Resources - Splendour of the Magaliesberg Mountain - The Joy of a boat cruise in the Hartebeespoort Dam - The wilderness of the Pilanesberg and to top it all the glamour and fun of Sun City / Lost City.

Whether you want to conduct your business - we have a conference and accommodation facilities. Whether you want to enjoy nature and explore the wild life - We have Parks - Pilanesberg National Park, Kgaswane, Borakalalo and Vaalkopdam.

Whether you just want to do shopping and enjoy your day with exquisite meal - We have shopping malls & top restaurants!

Whether you want to have in water - we have boat cruises in the Hartebeespoort Dam and Waterpark at the Valley of The Waves - Sun City!

Whether you want to have a bit of dance, play with your friends and have some wine - we have the Township and village lifestyle!

We have it all:

- Wildlife
- Water Sports
- Conference and Accommodation
- Shopping Malls
- Township and Village Lifestyle
- Sports Complex

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For more information, please contact the following:

- Rustenburg Accommodation and Tourism Association
- Moses Kotane Accommodation and Tourism Association
- Buffelspoort Valley Tourism
- Greater Pilanesburg Tour Operators
- Women in Tourism Bojanala

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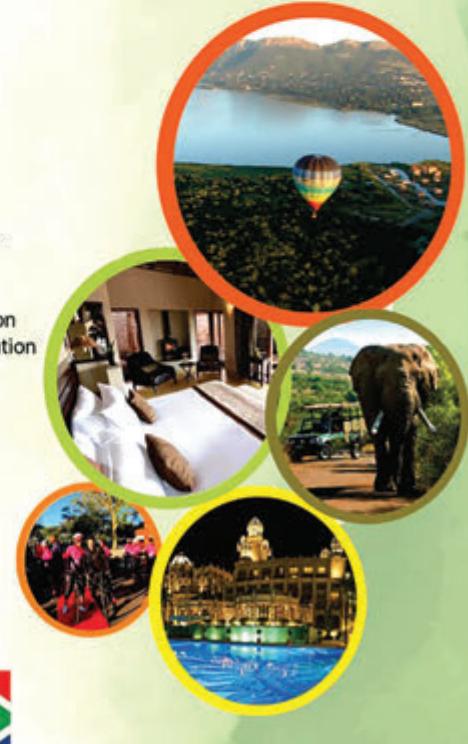
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**2 FOR
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Thriftpacks 1 kg

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Lettuce Prepacks
**2 FOR
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Thriftpacks 1 kg

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each

Thriftpacks 1 kg

**2 FOR
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each

Thriftpacks 1 kg

**2 FOR
R25**

each



Cabbages
**2 FOR
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Thriftpacks 1 kg

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each

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**4 FOR
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Thriftpacks 1 kg

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R30**

each

Thriftpacks 1 kg

**2 FOR
R30**

each

Thriftpacks 1 kg

**2 FOR
R30**

each



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Patties 4 x 100 g
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AVAILABLE AT SELECTED FOOD LOVER'S MARKET STORES IN THE INLAND REGION: GAUTENG, LIMPOPO, NORTH WEST, MPUMALANGA, FREE STATE, AND NORTHERN CAPE. EXCLUDING FOOD LOVER'S MARKET KIMBERLEY, SHOWGATE & FOOD LOVER'S EATERY THE MARC, BRAAMFONTEIN, BANK CITY AND ROSEBANK.

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE

THE BEST
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BEWARE OF DEPOSIT SCAMMERS!



Rustenburg – The current housing crisis in Rustenburg has left many people desperate. Accommodation large enough for an average family—and still within budget—is rare to come by. Scammers

available. Hopeful, she sent a WhatsApp to the number provided. The scammer then informed her that he was away on holiday, and that someone else was also interested in the place, thereby overestimating the interest in the accommodation, and adding to Charlene's desperation to secure it. The scammer also sent her photos of the house and told her that the house was furnished with storage space.

Eager to secure the space, Charlene opted to pay a holding deposit—exactly what the scammer was relying on. The scammer was 'nice' enough and told her that she only had to pay R2,500 of the amount. Charlene then was given directions to the house and was told that because he was on 'holiday' she could only view the house the following Tuesday on 11 April 2023.

He also sent her a photo of his ID, and because his banking details corresponded with the name

on his ID, Charlene felt secure enough to make the payment. Unfortunately, when the time came to meet him, she couldn't get a hold of him; her messages were going through, but were not being read, and when she tried to phone her calls went straight to voicemail.

Charlene then reached out to the man who originally referred her to the scammer. He tried to downplay the situation saying that he knows him personally because the scammer is his VIP protection instructor and told her that he would have a lesson with the man later during the week. Then all communication ceased, and Charlene realised that she had been scammed. After doing a bit of investigation she found that she was not the first of their victims, as they had also targeted people in other towns.

"I would like to warn others to be vigilant of these scammers and not pay over any deposit before you have seen the house no matter how many stories they have. The scammers rely on the fact that you are desperate and use it against you," Charlene said.



Bigger isn't always bigger

[Letter to the editor]

Rustenburg – The Municipal Demarcation Board (MDB) announced on Tuesday 28 March 2023 that it is in the process of considering the move of several municipal boundaries in the country. Through this change, the council seeks to enlarge certain municipalities as well as to create new municipalities.

One of these proposals indicates that Kgettengrivers Local Municipality (KLM) in its entirety be incorporated to Rustenburg Local Municipality (RLM). There are also other areas from Moses Kotane Local Municipality and Madibeng Local Municipality proposed for incorporation.

Rustenburg will then be recognised as a metropolitan area and one of the benefits of this is that the budget will increase. On paper more money sounds promising but what worries me is the fact that more money might also be more corruption.

I'm not saying that everyone in the municipality is corrupt, but there is a reason why they say money is the root of all evil.

It's also no secret that neither the RLM nor KLM is renowned for their service delivery, so even if they had more money, how will they be able to service an even larger area?

Personally, I think this extension of the boundary will cause more trouble than what it's worth.

If Rustenburg becomes a metro, we will no longer be part of the Bojanala district municipality.

The notice published in the Daily Sun on 28 March 2023, indicated that residents have 30 days after the date of the publication to send in their comments which means the closing date is 27 April 2023. However, other information received said the closing date was 23 April 2023. Good or bad, make yourself heard by sending your opinion to the board before 23 April 2023 just to be safe. The email address is registry@demarcation.org.za. For more information you can also visit www.demarcation.org.za.

RLM resident

ATTENTION JOB-SEEKERS

Beware of JOB SCAMS!

Don't fall victim to fraudsters who promise you job placements for a fee.

HELPFUL TIPS

...to help you spot job scams:



Research the company and the job offer.



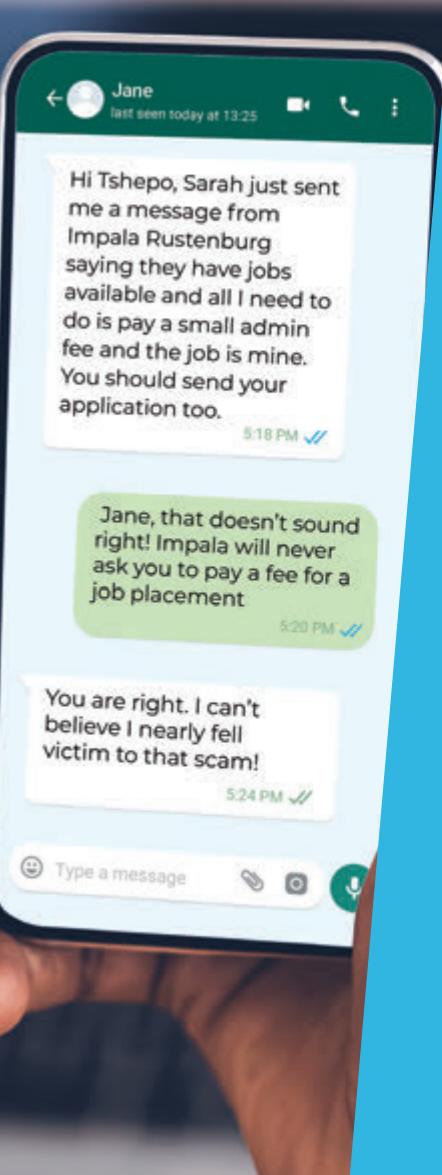
Watch out for offers that ask you to pay money.



Don't provide personal or financial information until you are sure the job offer is legitimate and you have engaged with the company.



When searching for job adverts, **only trust reputable sources**.



Some important reminders about Impala's recruitment:

- Impala **does not recruit or advertise through WhatsApp or on social media.**
- Impala will **never ask you for money** in exchange for job placements.
- Help us **put a stop to job scams and bribery** by calling our anonymous hotline.

Stay safe and stay vigilant!

Support zero tolerance for bribery and report job scams anonymously.

Call our 24 hour toll free anonymous **Whistle Blower Hotline**

0800 005 314

Impala – working together to create a better future.



From left: Crime information management centre-coordinator sergeant Beauty Shwabane, Bojanala Platinum District Sub 2 commissioner brigadier Mamotsamai Ntoagae and the brigadier's secretary Ntombizodwa Monnahela.

Another year for brigadier

Rustenburg - SAPS Bojanala Platinum District Sub 2 Commissioner brigadier Mamotsamai Ntoagae celebrated her birthday on Tuesday 18 April 2023.

It was a celebration between colleagues honouring this remarkable woman who has dedicated her life to serving her community. Wishing you all the best for your birthday and the year ahead.

WE NEED YOUR BLOOD!

Donate blood at the South African National Blood Service (SANBS) Rustenburg, situated at the Lifestyle Square centre in Beyers Naude Drive, Rustenburg. Pop in before you do your shopping! Your blood can save up to three lives! You can donate blood every 56 days. For more information visit www.sanbs.org.za or give SANBS Rustenburg a call at 014-594 2771.

WORKING TOGETHER IN THE FIGHT AGAINST CRIME



SAPS and Derby CPF working together.

GLENCORE

Gordon Institute of Business Science
Entrepreneurship Development Academy



SUPPLIER DEVELOPMENT PROGRAMME IN PARTNERSHIP WITH THE GIBS ENTREPRENEURSHIP DEVELOPMENT ACADEMY (EDA)

Introduction

A Supplier Development Programme opportunity exists at both the Eastern Limb and Western Limb of Glencore's operations.

The SD Programme is to upskill existing Suppliers with Business Development Support, focusing on diversification and managing cashflows.

About GIBS

Founded in 2000, the University of Pretoria's Gordon Institute of Business Science (GIBS) is an internationally accredited business school, based in Johannesburg, South Africa. GIBS was ranked as the top South African and African business school for executive education, and 38th worldwide.

About Programme

- Train 30 existing SMMEs who are current suppliers of the Glencore operations at both the Eastern Limb and Western Limb. 15 opportunities exist per limb.
- Training Programme will be scheduled for 12-month period to develop the entrepreneurial skills necessary to scale business and diversify customer base

About Course Content

- Block 1: Orientation
- Block 2: General Management & Leadership
- Block 3: People
- Block 4: Marketing and Sales
- Block 5: Operations (1)
- Block 6: Operations (2)
- Block 7: Legal and Contracting
- Block 8: Financial Management
- Block 9: SHEQ
- Block 10: General Management and Planning

Admission Requirements

- Matric (and preferably more)
- Owner of business
- At least 3 years of entrepreneurial experience
- Business has run for more than 3 years
- Business must have people employed
- Able to spend at least 7 hours per week on participating in programme
- Access to a smartphone and laptop/PC, as well as internet connectivity

Documents Required

- Identification document
- Matric certificate
- Highest qualification
- Business profile
- BBBEE affidavit/certificate
- CIPC docs
- SARS docs
- COIDA

Applications Close: 16 May 2023

Apply via the following link:
<https://www.surveymonkey.com/r/2HB9RCL>

Submit the supporting documents as outlined above to: **Lehlohonolo Ratsoeu at Ratsoeu@gibs.co.za**

By applying for this programme, you consent to Glencore collecting, storing, using, destroying, and processing in any other manner personal information for purposes of attending to this programme, and/or all matters relating thereto, including the disclosure to third parties of such personal information for purposes of confirming such personal information. In the event you do not hear from the Company within a period of 21 days after the closing date of applications, please consider your application to have been unsuccessful. The applications documentation of the unsuccessful candidates will not be returned.

TENDERS | VACANCIES

RUSTENBURG SMCLETER

A GLENCORE MERAFE VENTURE Operation

Expression of Interest

As part of Enterprise and Supplier Development programme, we are inviting small to medium companies to submit applications for the **Embroidery Services Opportunity** at Rustenburg Smelter. The purpose of the **“Expression of Interest”** is to identify small to medium companies who have experience in this field. Please note that this is a development opportunity earmarked for a small local emerging enterprise.

COMPULSORY REQUIREMENTS:

1. Company must be an EME (Exempted Micro Enterprise).
2. Company must be 51% or more Black Owned &/or Women owned and controlled; or 51% or more Black Youth Owned and controlled; or 51% Owned and controlled by Persons living with Disabilities.
3. All directors/owners, as well as Company registered address must be from Rustenburg Local Municipality
4. Complusory returnables for consideration for shortlisting to be submitted on or before closing date:
 - a. Company profile with core or secondary services that relate to services required for this opportunity as well as proof of experience.
 - b. Valid BBBEE Affidavit/Certificate.
 - c. Valid Tax compliance.
 - d. CIPC registered provide CIPC registration documents.
 - e. Letter of business bank account confirmation not older than three months.
 - f. Certified ID copies of directors/owners not older than three months.
 - g. All directors/owners proof of residence not older than three months.

NB: Failure to comply and submit above compulsory requirements and returnables will lead to automatic disqualification for further evalution and consideration.

Contractors Responsibilities/Scope of Work

The service provider to perform PPE embroidery services by means of an onsite store to Rustenburg Smelter permanent and fixed term employees, or as directed by the management. Embroidery services provision shall be as follows:

- Employee number; Initials and Surname of the employee on the jacket/trouser or safety shirt, alternatively as directed.
- Fixing/Replacing of jacket zip
- Fixing/Replacing of trouser zip
- PPE hole amend/stitch
- PPE compliant buttons fitting

Applications must be submitted via email to:

Contact Person: Ms. Brigitte Tayob

E-mail: brigettet@regoapele.com

Tel: (+27) 14 010 0225/6/7

Email Subject: Embroidery Services

**CLOSING DATE FOR APPLICATIONS: 04 MAY 2023 AT 11:00AM
NO HAND/FAXED OR LATE SUBMISSIONS WILL BE ACCEPTED.**

NB: The selection process will be subject to interviews, business assessments, due diligence and final evaluations. Submission of above information does not guarantee award and Glencore reserves the sole discretion to award the opportunity. If you do not receive a reponse within 21 days, consider your application unsuccessful.



10 YEARS OF SHARED VALUE

Sibanye-Stillwater partners with faith-based leaders to address gender-based violence and poverty in communities.



Sibanye-Stillwater is collaborating with faith-based leaders around its Marikana and Rustenburg operations, focusing on community safety, particularly in the fight against Gender-Based Violence (GBV) and substance abuse.

As part of its social renewal programmes, the Company also initiated a programme on food security in May 2021.



SAFE HOMES - SAFE COMMUNITIES

In 2022, the Company initiated training and education programmes to address GBV and substance abuse, which have debilitating effects on local communities, especially girls, women, and the youth. The programmes aim to train and provide local faith-based leaders with knowledge to empower them sufficiently to play an active role in dealing with these critical issues. Over 58 churches around Marikana and Rustenburg are participating in the programme, with 27 faith-based leaders having already completed the course, and 13 already implementing the programmes in their local churches, clinics and schools around Marikana operations.

For more information on our contribution to social upliftment, visit <https://www.sibanyestillwater.com/sustainability/economic-impact/>

FOOD SECURITY

In recognition of the need for local economic revitalisation and the creation of livelihood opportunities which will extend beyond mining for households in local communities, Sibanye-Stillwater has since May 2021, been implementing a community agriculture programme, the Broad-based Livelihoods (BBL) programme. The BBL is facilitated by Umsizi Sustainable Solutions and SocioTech and aims to empower households and communities to develop their own livelihoods based on sustainable food production, business, and income generation activities. Over 1,000 households in nine communities have benefitted from the programme, which is aimed at reducing poverty and ensuring food security, so far.



Meet the top 10 SMME's

Rustenburg - Waterfall Mall, has partnered with *Platinum Weekly*, Pulse FM 92.9 and Turn Media to promote small businesses within the Rustenburg community by means of availing growth opportunities. The top 10 businesses will be at the Waterfall Mall centre court from Tuesday 18 April 2023 to Monday 24 April 2023. Two of the exhibiting top 10 businesses will be awarded media packages worth R100,000 each and support to elevate their businesses. One business will be awarded the community choice award and one business will be awarded as the top small local business in Rustenburg. Come and meet them and cast your vote for the community choice award winner.

"I make delicious custom cakes, cupcakes, and home-made treats. I will also be running specials during the exhibition so make sure to come and place your order."

Taste of Lethabo owner Thabang Nkooe.



Taste of Lethabo

I have been doing beadwork and crocheting since 2020. I started after seeing a video on social media and I have since worked hard to perfect my craft and create unique items.

Kwanda owner Thembeenie Ndlozi.



Kwanda

"We are in the footwear business of restoring, washing, customising, and modifying shoes."

New SA Unlimited owner Karabo Bosman.



New SA Unlimited

"We do sip-and-paint events where we create a space for people to come together and drink wine and delve into their creative side through painting. We also cater for kids' parties where they can explore their artistic skills."

Boibunny-Smiles owner Biotumelo Maeco.



Boi-Bunny-Smiles.

"From single people and students, to families and corporate companies, if you have something you need to wash, we can help."

Spick & Span Laundry Room owner Masego Tjabaka.



Spick & Span Laundry Room.

I am an architectural draftsman by profession. I do home renovations, building and interior design.

JL Creatives owner Lethhohonolo Tigelo.

JL Creatives

We make products for babies. Some of our products are printed babygrows, cot mobiles, crocheted soft toys, and dummy clips.

Boer Baba owner Belinda Botes.



Boer Baba

We do general construction, renovations, and maintenance. We also specialise in plumbing and civil construction.

Daddy and Sons Construction owner Daddy Mashute.



Daddy and Sons Construction

"We specialise in tailoring, and we sell fabrics. We are also florists, and we will soon be a full-on coffee shop."

Kgabang Fabrics owner Thato Mogomotsi.



Kgabang Fabrics

"Kebaa is a Setswana name, which comes from my late Mother's name - Kebaakae, who I lost to Covid in December 2020. Our luxurious organic products are both for face and body, and for all skin types. We target skin problems like hyperpigmentation, eczema, acne, dry and oily skin, and giving an overall skin glow."

KebaaSkin organic skincare brand owner Matshepo Molotsi.



KebaaSkin organic skincare brand

Vote for your favourite small business at: <https://poll.app.do/grow-your-small-business-competition>



Head of Visible Policing at SAPS Rustenburg colonel Veerasamy Govender after celebrating his 60th birthday.

Another top cop to retire

Rustenburg - Rustenburg SAPS' head of Visible Policing colonel Veerasamy Govender will be retiring from law enforcement at the end of April. Govender, whose retirement will bring down the curtain on 41 years of uninterrupted service to the police force, received a pleasant surprise from his colleagues on Wednesday 5 April 2023 while celebrating his 60th birthday.

"His colleagues surprised him with a birthday cake during proceedings led by acting Bojanala Platinum district commissioner brigadier Mamotsamai Ntoagae, and acting Rustenburg station commander brigadier Joel Photo," police spokesperson sergeant Ofentse Mokgadi said.

During the celebrations, an emotional and overwhelmed Govender expressed his gratitude for the gesture. "He thanked all his colleagues for the love, support, and respect they showed him throughout his career. On behalf of the district, brigadier Ntoagae expressed her utmost appreciation of the colonel's contributions and loyalty to the SAPS," Mokgadi added. The announcement of Govender's retirement came after Rustenburg SAPS also said goodbye to four experienced police officers who had also served the

police force for many years. Captains Elsabé Augoustides, Matthys Smit, Nkoki Petele and warrant officer Gert Joubert were also honoured for their hard work, commitment, dedication, and loyalty during a farewell gathering held at Rustenburg Kloof on 4 April. Augoustides served SAPS Rustenburg for 40 years, Smit 38 years, Petele 32 years, and Joubert 38 years.

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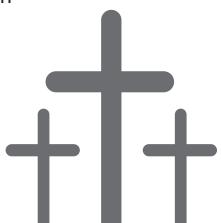
SUDOKU

SOULFOOD

PSALM 149

Praise to God for His Salvation and Judgment | 149 Praise the Lord!

Sing to the Lord a new song,
And His praise in the assembly of saints.
2 Let Israel rejoice in their Maker;
Let the children of Zion be joyful in their King.
3 Let them praise His name with the dance;
Let them sing praises to Him with the timbrel and harp.
4 For the Lord takes pleasure in His people;
He will beautify the [b]humble with salvation.
5 Let the saints be joyful in glory;
Let them sing aloud on their beds.
6 Let the high praises of God be in their mouth,
And a two-edged sword in their hand,
7 To execute vengeance on the nations,
And punishments on the peoples;
8 To bind their kings with chains,
And their nobles with fetters of iron;
9 To execute on them the written judgment—
This honor have all His saints.
Praise the Lord!
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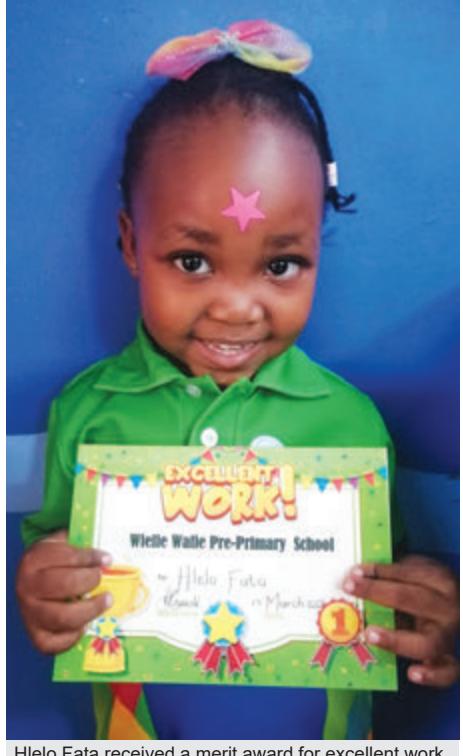
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Excellence awarded



Hlelo Fata received a merit award for excellent work



Thatego Monamodi received a merit award for art.

Rustenburg - Wielie Walie Pre-Primary awarded two of their learners for their hard work on Friday 17 March 2023. Hlelo Fata in the Dinosaur Class received a merit award for excellent Work. Hlelo joined Wielie Walie late in the first term, but she came in with a big bang. She is a hard worker, and all her work is always up to standard. Thatego Monamodi in the Dalmatian Class received a merit award for art. She loves doing art activities with themes, and she enjoys expressing herself in her colouring work. Well done to the achievers!

Zinniaville Secondary School will be celebrating 50 years of excellence!

Rustenburg – Zinniaville Secondary School will be hosting its 50-year gala banquet on Saturday 5 August 2023 at Hedgehog's Nest in honour of its former learners, principals, teachers, student governing bodies (SGBs), parents, and the entire community. Zinniaville Secondary School (Z.S.S) known as Rustenburg Indian School, relocated from the centre of Rustenburg city in September 1972, and was officially reopened in August of 1973. This year we are celebrating 50 years of Zinniaville Secondary School's existence. However, the formal education of the Indian community in Rustenburg started way back in 1924—almost 99 years ago! Due to the forceful removal of the Indians from Rustenburg via the Apartheid regime,

the Indian community was relocated to Zinniaville. Today, the school boasts a very proud record of providing quality education over a 50-year period.

Influential men and women have gained their basic education from this institution and have become prominent personalities who continue to make their mark on society and the country.

We appeal to all former scholars and stakeholders to contact the school and provide us with information of your experience at Z.S.S. and how it has shaped you into the person you are today. This information is extremely vital as we will be publishing a

one-of-a-kind year book which will showcase all of the school's achievements over the past 50 years.

We would like our gala dinner to be a memorable one as we aim for it to take us down memory lane and allow us to reflect on the importance of Zinniaville Secondary School.

With only 720 seats available, space is limited. Price per seat is R950, which includes a meet-and-greet session, cocktails, entertainment, a five-course meal, and a walk down memory lane.

For any additional information, or donations, please contact the principal, Ms Suliman on 079 468 8831, 014 538 0152, or 014 538 1077, or email 50th@zss.co.za. We urge all stakeholders to donate generously towards your Alma Mater.



CLASSIFIEDS

CAKES AND CUPCAKES

Cakes and cupcakes for all occasions
Contact Faith on 078 470 1498 or 065 968 1473.

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Chris 082 343 2419 | Willem 067 755 9473

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Farm chickens and Scratching Fowls. Mixed. FOR SALE | Cell: 071 051 5883 | WhatsApp: 082 694 3661

FORM JJJ LOST OR DESTROYED DEED (form JJJ added by GNR.62 OF 25 January 2019)

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of **DEED OF TRANSFER ST93985/2003** passed by **WELTYS PROPERTIES (PROPRIETARY) LIMITED**, **REGISTRATION NUMBER 1998/010479/07**, in favour of **ARTHUR FIELD MAREE**, Identity Number **461116 5047 08 5**, **DIVORCE**, in respect of **A Unit** consisting of a. Section No. 79 as shown and more fully described on Sectional Plan No SS 373/2003 in the scheme known as **WATERFALL VILLAGE** in respect of the land and building or buildings situated at **CASHAN EXTENSION 21 TOWNSHIP, LOCAL AUTHORITY: RUSTENBURG LOCAL MUNICIPALITY**, of which section the floor area, according to the said sectional plan is 87 (Eighty Seven) square metres in extent and b. An undivided share in the common property in the scheme apportioned to the said section in accordance with the participation quota as endorsed on the said sectional plan.

which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the Registrar of Deeds at PRETORIA within two weeks from the date of the publication of this notice. **Dated at RUSTENBURG this 9th day of MARCH 2023.** Applicant: **VISSEK STRYDOM INC** 195 KOCK STREET | RUSTENBURG, 0299 | aktes2@visserstrydom.co.za | 014 592 3868

NOTICE WITH RELATE TO THE RE-APPLICATION FOR AN ATMOSPHERIC EMISSION LICENSE PUBLIC PARTICIPATION PROCESS

Notice is hereby given in terms of section 38 (3) (a) and (b) of the National Environmental Management: Air Quality Act, 2004 (Act no.39 of 2004) as amended, of an invitation to register as interested and affected party and further submit your comments with regard to a re-application for Atmospheric Emission License in terms of section 41 (1) of the National Environmental Management: Air Quality Act, 2004 (Act no.39 of 2004) as amended. Re-application for an atmospheric emission license will be submitted to the licensing authority (**BOJANALA PLATINUM DISTRICT MUNICIPALITY**). Given the nature of the proposed activity, the timeline and procedure for public participation process outlined on the environmental impact assessment regulation, published 7th April 2017 as amended, will be followed. | **Name of the proponent / The Applicant:** Vaporox (Pty) Ltd | **Location of the activity:** The proposed site for the Waste Tyre pyrolysis plant (WTPP) is Portion 0 of Erf 37, Bodirelo Township, JQ, Mogwase in the North West Province. The site is situated within the jurisdiction of **BOJANALA PLATINUM DISTRICT MUNICIPALITY**. Site center co-ordinate. **25°16'12"S; 27°16'25"E** | **Project Title:** Operation of a Waste Tyre Pyrolysis Plant (WTPP) to treat and recover less than 100 tons per day of general waste (tyres) using Pyrolysis plant System (technology) | **Description of proposed Activity/ project:** The project entails treatment of tyres using pyrolysis system at an existing facility (with existing buildings and associated infrastructures) for the pyrolysis of waste tyres. The project will also include the storage of dangerous goods i.e. oil and carbon char (below the threshold), to be recovered from the treatment activity. Based on the above, the following listed activities and associated minimum emission standards identified in terms of section 21 of the National Environmental Management: Air Quality Act, 2004 (Act no.39 of 2004) are triggered:

Listed Activity Number	Category of Listed Activity	Sub-category of the Listed Activity	Name of the Listed Activity	Description of the Listed Activity
1	3	3.1	Combustion installations	Combustion installations not used primarily for steam raising or electricity generation. Application: All combustion installations (except test or experimental installations).
4	3	3.4	Char, Charcoal and Carbon Black Production	Production of char, charcoal and the production and use of carbon black. Application: All installations producing more than 20 tons of char and charcoal; and All installations consuming more than 20 tons per month of carbon black in any processes
21	4	4.21	Metal recovery	The recovery of metal from any form of scrap material by the application of heat. Application: All installations.
1	8	8.1	Thermal Treatment of General and Hazardous Waste	Facilities where general and hazardous waste are treated by the application of heat. Application: All installations treating 10kg per day of waste.

Public Meeting and submission of comments:

In order to get more details in relation to the proposed development, you are hereby invited to attend the public meeting schedule as follow: **Venue: On site; Date & Time: 28 April 2023 @ 10H00.** In light of the above, for you to be identified as interested and affected parties (I&AP) and also provide your comments to the proposed activity, you are hereby requested to register your name and contact information within 15 days and further submit your comments within 30 days from the date of this notice. In addition, should you require an application, such copy will be provided to you on request.

Name of the consultant / Consultant: Tyre Green (Pty) Ltd | **Contact Person:** Mr. Modiri Kgomari | **Postal address:** Stand 37, Bodirelo Industries, Mogwase | **Contact:** 082 818 9708 | **E-mail:** modiri.kgomari@tyregreen.co.za | **Date of publication of site notice:** 20 April 2023

Have your say / Sê jou sê

Do you consider yourself an interesting person?

In general, 'interesting people' are often curious and share their knowledge with others. They have interests or hobbies, and habitually do things that most people wouldn't try. Do you have any traits that make you interesting?



Yes. Even in the hardest of times I search for what is good. I dream just as big and set out to change my world around me. I love to take control of things, and that makes life one heck of a journey. **Cassandra Coetzee**



No, I am not interesting. Nowadays we live in a jealous/critical environment and if you share too many things about yourself, people start talking behind your back. It's better to keep quiet and be on your own. **Danny Moreo**



Yes. I do consider myself an interesting person. Like an onion, I have many layers and I'm able to bring many interesting quirks to my relationship with others. 'Live to the fullest' is the motto I live by. **Charmaine Wagner**

PUBLIC POLL: THE RESULTS ARE IN!

Do you consider yourself an interesting person?

NO 37% YES 63%

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POLL

Do you keep in touch with your ex's family?

More often than we'd like to admit, when we start dating someone and it gets serious, we also often build close relationships with their family. But what happens when the relationship ends? Would you still keep in touch with the family? Make yourself heard by sending an email to news@platinumweekly.co.za or send us a WhatsApp on 081 579 7000 with the following information before 17:00 on Monday 24 April 2023.

- Yes, I keep in touch with my ex's family.
- No, I don't keep in touch with my ex's family.
- The reason for your answer.
- A recent photo of yourself—so that we can publish your pic with your answer.
- Your contact details.
- Please indicate in which town/ city you reside.

The results of the votes will be published in our next issue. **P.S. You can also give your opinion by commenting on our Facebook post.**



YOUR FRIDAY FUN FACT

Did you know?

Sea otters have 'pockets' under their armpits. These flaps of skin under their arms are used to store things to eat, or tools like rocks which they use to crack shells.



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North West Gambling Board

NOTICE IN TERMS OF SECTION 29 OF THE NORTH WEST GAMBLING ACT, 2001 (ACT NO. 2 OF 2001), AS AMENDED.

APPLICATION FOR CONSENT TO PROCURE 100% FINANCIAL INTEREST IN ELIOCUBE (PTY) LTD TRADING AS, VEGAS BINGO-RUSTENBURG.

Notice is hereby given in terms of the provisions of section 29 of the North West Gambling Act, 2001 (Act No. 2 of 2001), as amended, that the North West Gambling Board ("the Board") received an application for consent to procure 100% Financial Interest in Eliocube (Pty) Ltd trading as, Vegas Bingo operating at Rustenburg.

In terms of the provisions of section 27A(1) of the North West Gambling Amendment Act, 2005, (Act No. 5 of 2005), "any person who, directly or indirectly procures a controlling interest or a financial interest of five percent or more, or any lesser percentage as may be prescribed, in the business to which a license or a registration in terms of section 60 relates shall, within the prescribed period and in the manner prescribed or determined by the Board, apply for the consent of the Board to hold such interest".

FIREGAME (PTY) LTD is a company incorporated in the Republic of South Africa in terms of the Companies Act 71 of 2008, with the following Registration No: **2023/595404/07**. The company's registered business address is R 101 Old Warmbaths Road, Themba.

Please take note that this application will be lying open for public inspection at the offices of the North West Gambling Board at No. 4059 Joules Street, Industrial Site, Mahikeng, between 08h30 – 16h30, for a period of one (1) month, commencing on 01 April 2023 until 30 April 2023.

Persons wishing to make representations, be it either comments or objections, in relation to any application submitted to the Board, shall do so in writing and such representations shall contain the following information:

- a) The name of the objector;
- b) The grounds on which representations are made;
- c) The name, address, telephone, and facsimile numbers of the person submitting representations; and
- d) Whether or not the person making representations wish to make an oral presentation at the hearing of the application.

Written objections should be lodged with the **Acting Chief Executive Officer, Mr. Simon Mogapi** by facsimile, email, hand delivery or post: Facsimile (018) 384 2290, Email: ceo@nwgb.co.za, Hand delivery or post, North West Gambling Board, No. 4059 Joules Street, Industrial Site, Mahikeng/Private Bag X34, Mmabatho, 2735 between 08h30-16h30, during the period 01 April 2023 until 30 April 2023.

Enquiries: Ms. Morongoa Moss, Tel. No: (018) 384 3215/25.

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North West Gambling Board

NOTICE IN TERMS OF SECTION 29 OF THE NORTH WEST GAMBLING ACT, 2001 (ACT NO. 2 OF 2001), AS AMENDED.

APPLICATION FOR CONSENT TO PROCURE FINANCIAL INTEREST IN BETANOGENIX (PTY) LTD BY LESEDI SEKGAPHANE 28% AND 17% BY MARIO MORFOU AND GEORGE MORFOU, RESPECTIVELY.

Notice is hereby given in terms of the provisions of section 29 of the North West Gambling Act, 2001 (Act No. 2 of 2001), as amended, that the North West Gambling Board ("the Board") received an application for consent to procure Financial Interest in a National Licence to supply and maintain gambling equipment by Lesedi Sekgaphane 28%, 6% by Mario Morfou and 11% by George Morfou.

In terms of the provisions of section 27A(1) of the North West Gambling Amendment Act, 2005, (Act No. 5 of 2005), "any person who, directly or indirectly procures a controlling interest or a financial interest of five percent or more, or any lesser percentage as may be prescribed, in the business to which a license or a registration in terms of section 60 relates shall, within the prescribed period and in the manner prescribed or determined by the Board, apply for the consent of the Board to hold such interest".

BETANOGENIX (PTY) LTD: is a company registered to supply and maintain Limited Payout Machines, Electronic Bingo Terminals and Monitoring Systems. The company is incorporated in the Republic of South Africa in 2015 in terms of the Companies Act, 2008 with the following Registration No: **2015/297988/07**. The registered place of business is 20 The Piazza, Melrose Arch, Melrose in Johannesburg.

MARIO MORFOU is a non-Local Previously Disadvantaged Individual.

GEORGE MORFOU is a non-Local Previously Disadvantaged Individual.

LESEDI SEKGAPHANE is a Local Previously Disadvantaged Individual.

Please take note that this application will be lying open for public inspection at the offices of the North West Gambling Board at No. 4059 Joules Street, Industrial Site, Mahikeng, between 08h30 – 16h30, for a period of one (1) month, commencing on 01 April 2023 until 30 April 2023.

Persons wishing to make representations, be it either comments or objections, in relation to any application submitted to the Board, shall do so in writing and such representations shall contain the following information:

- a) The name of the objector;
- b) The grounds on which representations are made;
- c) The name, address, telephone, and facsimile numbers of the person submitting representations; and
- d) Whether or not the person making representations wish to make an oral presentation at the hearing of the application.

Written objections should be lodged with the **Acting Chief Executive Officer, Mr. Simon Mogapi** by facsimile, email, hand delivery or post: Facsimile (018) 384 2290, Email: ceo@nwgb.co.za, Hand delivery or post, North West Gambling Board, No. 4059 Joules Street, Industrial Site, Mahikeng/Private Bag X34, Mmabatho, 2735 between 08h30-16h30, during the period 01 April 2023 until 30 April 2023.

Enquiries: Ms. Morongoa Moss, Tel. No: (018) 384 3215/25.

Tough matches for Chiefs and Pirates

SA – Kaizer Chiefs and Orlando Pirates will have to be at their best during their upcoming DStv Premier Soccer League (PSL) matches if they hope to clinch a second-place finish.

The PSL matches are back in full swing and the Chiefs and Pirates, who will play against each other in the semi-finals of this year's Nedbank Cup, will both have to bring their best this weekend.

On Friday 21 April 2023, Orlando Pirates will face Cape Town City at Orlando Stadium in a match that could have a bearing on whether or not they will be able to hang onto the second position on the log they currently occupy. A win for the Pirates will greatly enhance their chances of remaining in the top two – even if Kaizer Chiefs go on to win their match against Sekhukhune United.

Chiefs on the other hand are fourth on the log with 41 points and will be clear favourites to achieve victory at the expense of Sekhukhune.

A total of six DStv Premiership matches will be played over three days in what promises to be an action-packed weekend of soccer entertainment.

DStv Premier League Fixtures

Friday 21 April 2023

- Maritzburg United v Richards Bay: kick-off at Harry Gwala Stadium at 19:30.

Saturday 22 April 2023

- Orlando Pirates v Cape Town City: kick-off at Orlando Stadium at 15:00.
- TS Galaxy v Royal AM: kick-off at Mbombela Stadium at 15:00.
- Stellenbosch v Moroka Swallows: kick-off at Danie Craven Stadium at 17:30.

Sunday 23 April 2023

- Sekhukhune United v Kaizer Chiefs: kick-off at Peter Mokaba Stadium at 15:00.
- SuperSport United v AmaZulu: kick-off at TUT Stadium at 17:30.



Team two, from left: Louis Bredel (Time:7h05), Fanie vd Walt (Time:7h05), Alec Brough (Time:6h58), Johan Hattingh (Time:7h05), Fine Hydon (Time:8h18), Danie Lombaard (Time:7h19), Juan Pierre Stringer (Time:7h19), Christa Venter (Time:7h05), Sharon O'Reilly (Time:8h18) and Dirk Stoltz (Time:7h05).

MALUTI DOUBLE 90 FUN!

SA – Two teams from the Rustenburg Cycling Club (RCC) competed in the Maluti Double 90 Race in Clarens on Saturday 15 April 2023.

The two teams thoroughly enjoyed the event, which is a team time trial that sees competitors cycling 180 km and is limited to 120 teams.

A big well done to all the RCC members who competed and to all those who managed to improve on their previous times!

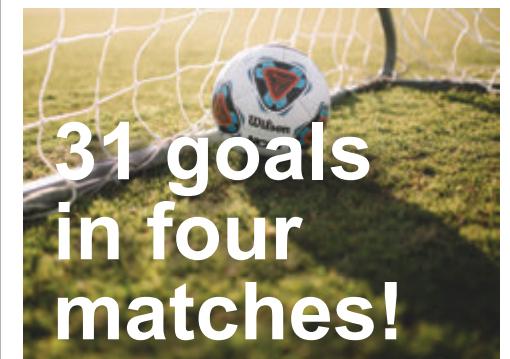
Seisoene by BGO

Rustenburg – Rustenburg Skool vir Buitengewone Onderwys (BGO) se outistiese klas het op Donderdag 13 April 2023 meer geleer oor seisoene.

As deel van die aktiwiteite het leerders herfsblare buite opgetel en moes hul 'n herfsboom maak. Dit was 'n opvoedkundige les en die jongspan het dit baie geniet om kreatief te raak.



BGO onderwyser Therese Schutte, en leerders Rolf Jacobs, en Khanya Mtembu.



SA – The first day of Stream B of the North West Sasol Women's League produced a whopping 31 goals from four matches. A total of four matches were played at various venues on Saturday 15 April 2023, the opening day of this season's fixtures. Rustenburg Ladies lost 3-1 to North West University's (NWU) Tawana FC in a match played at the Potchefstroom Campus. However, it was Royal Queen's 12-1 victory over Rise and Shine FC that produced the highest number of goals of all the matches. Mafikeng Ladies also started off their season on a high note with a resounding 10-0 victory over RM Diamond Ladies. The second round of matches is scheduled to be played on Saturday 29 April 2023.



The Impala Rugby Club women's team (blue and white) and Orbit College women's rugby team (in blue and yellow).

Vixens go down fighting...

Mahikeng – Impala Rugby Club's women's team, known as the Vixens, played well but still lost their match to Orbit College by a 62-12 margin on Saturday 15 April 2023.

The match was played at Mahikeng Rugby Stadium and was the first league match of the season for both teams.

The Vixens will be reaching for a better result on 22 April when they play against Mmabatho Rugby Club. The match will be played at Impala Rugby Club's A field and is scheduled to start at 12:30.

2023 Varsity Cup



In Potchefstroom behoort die klasse weer bygewoon te word. Die rede is heel eenvoudig prof, die NWU is die nuwe Varsity kampioene! Die NWU wen die finaal 27-25 in 'n spannende, maar tog aanskoulike harde tweegeveg teen die Ikeys. Die NWO het voorlangs die septer geswai maar moes hulle van keer ken as die Ikeys se gevraalike agterlyn aan die hardloop gegaan het. Op die einde van die dag het die NWU die oorwinning verdien en het deurgaans die seisoen puik ruggas gespeel. Welgedaan NWU, julle ruggas rock!

- Griffons 6-64 Pumas
- WP 17-26 Cheetahs XV
- Sharks XV 20-24 Blue Bulls

Bepalings:

Vrydag 21 April 2023

- Cheetahs 14:30 Sharks XV
- Pumas 16:30 WP

Saterdag 22 April 2023

- Blue Bulls 18:30 Lions

Sondag 23 April 2023

- Griekwas 14:00 Griffons



Die laaste games word dan die naweek gespeel en vir 'n paar spanne is die games van kardinale belang.

Die span van Ierland, Leinster is die enigste span wat verseker is van 'n tuis kwartfinaal.

Die Stormers se ontydige verloor in Kaapstad

die afgelope naweek teen Munster het nou veroorsaak dat hulle nie meer verseker is van 'n tuis kwartfinaal nie. Hulle moet hoop Ulster verloor en hul moet hulle game teen Benetton wen met 'n bonuspunt.

Die Sharks en die Bulls moet hulle onderskeie games wen om nie in die agste plek op die log te eindig nie. Die rede daarvoor is dat die span in die agste plek nie in die Heineken Champions Cup kan deelneem nie. So daar is baie op die spel vir die drie SA spanne.

Uitslae:

- Edinburgh 45-21 Ospreys
- Connacht 38-19 Cardiff
- Stormers 24-26 Munster
- Lions 36-39 Leinster
- Bulls 78-12 Zebre
- Ulster 40-19 Dragons
- Glasgow Warriors 12-9 Scarlets

- Sharks 43-33 Benetton

Bepalings:

Vrydag 21 April 2023

- Stormers 18:30 Benetton
- Ulster 20:35 Edinburgh

Saterdag 22 April

- Lions 13:00 Zebre
- Dragons 16:00 Scarlets
- Bulls 16:00 Leinster
- Ospreys 18:15 Cardiff
- Sharks 18:15 Munster
- Glasgow Warriors 20:35 Connacht

Log:

1. Leinster 79
2. Ulster 64
3. Stormers 63
4. Glasgow Warriors 58
5. Munster 53
6. Connacht 49
7. Bulls 48
8. Sharks 46

2023 Super Rugby Pacific



Uitslae:

- Waratahs 36-16 Force
- Hurricanes 17-33 Chiefs
- Brumbies 43-28 Fijian Drua
- Moana Pasifika 28-40 Reds

Bepalings:

Vrydag 21 April 2023

- Chiefs 09:05 Fijian Drua
- Rebels 11:35 Crusaders

Saterdag 22 April 2023

- Blues 09:05 Waratahs
- Force 11:35 Highlanders

Nag ou grote! Net so terloops... Die Bok coach Jacques Nienaber het bedank maar sal dalk aanbly tot na die Wêreldbeker in November. Nienaber gaan by die lense klub Leinster aansluit. Oh gonnas...

Currie Cup 2023



Uitslae:

- Lions XV 18-25 Griekwas



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A blue circular logo with the word "FREE" in white, bold, sans-serif capital letters, tilted diagonally.



PLATINUM WEEKLY



Great start to the season!



Players from Impala (in white and blue) and Ikageng (black and yellow) tussled for possession of the ball during a lineout.

Rustenburg – Impala Rugby Club's first team powered to a 73-0 victory over Ikageng in Rustenburg on Saturday 15 April 2023. It was an ideal start to the season for Impala in their first game of the Leopards Rugby League and their score will give them a good platform to achieve their objective of winning the title. Although Ikageng battled hard from the first whistle, Impala proved their superiority in both the first and second halves of the match. As the scoreline suggests, Ikageng could not outmatch their opponents. Mostly, the visitors found themselves unsuccessfully trying to prevent Impala from scoring. Phillip Laubscher scored three tries, while Charlton Scholtz, Dirkie Pretorius, and Hanru Botha each scored two tries. Elardus Raath and Wynand Burger each scored a try while Trevor Visser managed to convert nine of his 11 kicks to ensure a comfortable win for Impala.



Impala's left-wing Phillip Laubscher (with the ball) had a great game and scored three tries.

Well done Tamlyn!

SA – Rustenburg Cycling Club (RCC) Tamlyn Luyt has once again proved why she is highly rated in South African junior cycling circles. On Saturday 15 April 2023, the talented Luyt put in a commendable performance during the SA XCO Championships that took place at Thaba Trails.

Luyt – who was competing at the event for the very first time – held her own on the Thaba Eco Park course and achieved an eighth-place finish in the junior category in a time of 1h17. Well done!



Tamlyn Luyt
finished 8th
place.

A promotional flyer for Food Town Hyper Rustenburg at TRANS Shopping Mall. The flyer features a 'Combo Deal' for R729, 'Fresh Deals', and 'Price Lock Savings'. It includes a QR code for Facebook and a 'Scan QR Code To Access All Our Promotions On Our Facebook Page' message.

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129⁹⁵
each**

*Swipe your **Dis-Chem Benefit Card** to claim your Instant Discount

**SAVE
10⁰⁰****

Biogen
Immuno Boost
1000mg Vitamin C
2 x 10 effervescent tablets
#292147001
79⁹⁵
WAS 89⁹⁵

**Advertised prices already reflect discounts

20%^{}
OFF**
ALL Lifestyle Food
Teas 40 teabags
AND sachets

**Lifestyle Food
Black Tea**
40 teabags
19⁹⁶
WAS 24⁹⁵

**Advertised price already reflects discount

**1 FOR 219⁹⁹
2 FOR
428⁰⁰**

Pampers
Jumbo Pack
Double
Protection
Nappies
Sizes 1 - 6

**2+1
FREE**
on Jungle
Oats 2kg
79⁹⁵
each

**1 FOR 28⁹⁵
2 FOR 50⁰⁰**
SAVE 7⁹⁰

**1 FOR 68⁹⁵
2 FOR 100⁰⁰**
SAVE 37⁹⁰

**SAVE
20⁰⁰*
each**

**Ingram's
Cream**
450ml / Assorted**
44⁹⁵
each

**Advertised price already reflects discount

**Price excludes Ingram's Tissue Oil Cream

Available to **Dis-Chem Health** policyholders

20% OFF
over 2500 products

Look out for the **extra** icon in-store or online to identify qualifying products*

*Get access to lifestyle benefits and **extra** by including Value Added Services at an additional fee. Ts & Cs apply.



WINTER WARMERS

Exclusive to Dis-Chem

warm
me up

Hot Water Bottle
with Cover
2 litres / Assorted
159⁹⁵
each



Reusable Pocket
Size Warmer
Assorted
59⁹⁵
each



Heat Pack with
Cover
Assorted characters
189⁹⁵
each



SOCKSHOP[®]
**Heat
Holders**

Footless
Thermal Tights
Assorted sizes
199⁹⁵



Slipper
Socks for
Ladies
Assorted
119⁹⁵
per pair



Ladies'
Queenstown
Socks
Assorted
144⁹⁵
per pair



Snuggle Ups
Oversized
Luxury Blanket
Assorted colours
499⁹⁵
each



Men's
Short Sleeve
Vest
Assorted
239⁹⁵

Ladies'
Sleeveless
Vest
Assorted
229⁹⁵



GEAR
CLOTHING AND ACCESSORIES

Men's Slippers
Assorted colours,
sizes and styles
179⁹⁵
per pair



Men's Slippers
with Memory Foam
Assorted colours
and styles
**FROM
229⁹⁵**
per pair



Slipper
Boots
Assorted colours
and sizes
219⁹⁵
per pair



NURTURING THE FUTURE AND PROTECTING THE PLANET.

The **Dis-Chem** Foundation in partnership with Lifegain, HEF and the UJ Varsity Cup Rugby Team have planted a brand-new sustainable garden to feed hungry students at the University of Johannesburg.

Thank you to all our **Dis-Chem** and **Dis-Chem Baby City** Benefit Card members for supporting the **Dis-Chem** Foundation every time you swipe.

Get more. Save more. Give more.

Dis-Chem and Dis-Chem Baby City Benefit Cards can be used in both retailers

Dis-Chem
Foundation
Caring for the Community



IMMUNE SUPPORT

Available to Dis-Chem Health policyholders



20% OFF

Look out for the extra icon in-store or online to identify qualifying products

INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

INSTANT DISCOUNT

20% OFF

ALL GripeFlu products

GripeFlu Fizzy C
12 effervescent tablets
119.95 each
WITH CARD 95.96 each

INSTANT DISCOUNT

30.00 OFF

VIRAL GUARD
TABLETS
IMMUNE PROTECTION WITH PROBIOTICS
60 tablets
Prestigious Elderberry, Garlic, Zinc, Anti-Oxidants, Vitamin C, Echinacea

Viral Guard
60 tablets
#44183
199.95
WITH CARD 169.95

INSTANT DISCOUNT

50.00 OFF

VIRAWAY
COLD & FLU
immune system enhancer
with ECHINACEA | ELDERBERRY VITAMINS & MINERALS | GARLIC & ZINC
HEALTHY LIVING

VIRAWAY
COLD & FLU
immune system enhancer
with ECHINACEA | ELDERBERRY VITAMINS & MINERALS | GARLIC & ZINC
HEALTHY LIVING

Value Pack
2 + 60s
120 CAPSULES

VirAway Cold & Flu Immune System Enhancer Value Pack
60 PLUS 60 capsules #122316
234.95 per pack
WITH CARD 184.95 per pack

*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

20% OFF

Oscillococcinum Value Pack 30 vials

Oscillococcinum Value Pack
30 vials #169255
455.96 per pack
WAS 569.95

2+1 FREE

on Immuno Armour Adult Capsules 30 capsules

Immuno Armour Adult Capsules
Clinically Proven Immune Strength
30 capsules #180454
284.95 each

SAVE 15.00*

Bio-Strath Syrup
Daily Nutritional Supplement
Improves Memory & Concentration
Sustains Energy
Supports Immune System
200ml #14390
159.95
WAS 174.95

SAVE 35.00*

A.Vogel Echinaforce® Forte Echinacea Tablets
30 tablets #14541
99.99
WAS 134.99

*Advertised price already reflects discount

*Advertised prices already reflect discounts

SAVE 9.00*

Efferflu C Immune Booster Plus
20 effervescent tablets #335639
84.95
WAS 93.95

SAVE 37.00*

Gold Immune Support
60 vegecapsules #334832
99.95
WAS 136.95

SAVE 15.00*

Immunadue
100 capsules #10307
124.95
WAS 139.95

Lifestyle Health Immune Fizzy

Lifestyle Health Immune Fizzy
2 x 10 effervescent tablets #389743
99.99
WAS 129.99

extra by Dis-Chem logo

Contains a powerful combination of Echinacea, Pelargonium, and Elderberry to ensure your immune system is fully supported during the upcoming winter months.

*Advertised prices already reflect discounts

25% OFF

ALL Bioharmony products

Bioharmony Ultimate C Immune Booster
60 tablets #91856
134.96
WAS 179.95

20% OFF

ALL Bettaway Mega C products

Bettaway Mega C1000 Value Pack
180 tablets
335.96 per pack
WAS 419.95

1 FOR 57.95

2 FOR 90.00

SAVE 25.90

ReVite Vitamin C 1000mg Fizzy
10 fizzy tablets #22284
89.95
WAS 99.95

SAVE 10.00*

Fizz C Plus Immune System Supporter
30 effervescent tablets #323113
89.95
WAS 99.95

SAVE 65.00*

Lifestyle Nutrition Buffered Vitamin C 1000mg
300g powder #119735
199.99
WAS 264.99

*Advertised prices already reflect discounts

Promotional offers valid from 13 April to 14 May 2023 while stocks last – may not be available in all stores. NB: These prices are only valid on cash and card purchases, standard rates apply for all medical aid claims. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

SELF-MEDICATION



**NO. 1
TRUSTED
BRAND***
**COVERING
YOUR
COUGH &
COLD NEEDS****

**2+1
CHEAPEST
FREE
on Vicks
products***



*Offer excludes Vicks Humidifiers

*Consult your healthcare provider before taking more than one medicine. Read each label before use. Use as directed. If symptoms persist see your doctor. *Source: Euromonitor International Ltd; based on 2020 retail value sales of Cough Remedies/Decongestants, Pharyngeal Preparations, Combination Products and Pediatric Cough and Cold Remedies. Always read the label. If symptoms persist talk to your healthcare professional. For full prescribing information refer to the package insert. 50 Vicks® Acta Plus Wet & Dry Cough Syrup®. Each 10 ml syrup contains extracts derived from: Ocimum sanctum L. (Holy Basil) [Herb] 100 mg, Glycyrrhiza glabra L. (Licorice) [Root] 60 mg, Curcuma longa L. (Turmeric) [Rhizome] 50 mg, Zingiber officinale Roscoe (Ginger) [Rhizome] 10 mg, Piper cubeba L. (Tailed Pepper) [Fruit] 1 mg, Aloe barbadensis Mill. (Aloe Vera) [Leaf extract] 5 mg, Mentha arvensis L. (Lemonbalm) [Leaf] 6 mg. Contains Sugar (7.5 g sucrose per 10 ml). *Complementary Medicine: Ayurveda. This unregistered medicine has not been evaluated by SAHPRA for quality, safety or intended use. For full prescribing information refer to the package insert. P&G South African Trading (Pty) Ltd. Reg. No.: 1989/004241/07, 10th Floor, Alice Lane Towers, 15 Alice Lane, Sandton, South Africa, 2196. Customer Care Line 0860 112 888 (Shorecall charged at local rate). <https://africa.pg.com/contactus/MAT-ZA-VICKS-22-000078>, May 2022. All decisions on pricing, promotion and distribution (assortment and shelving) are at the sole discretion of the retailer. All P&G recommendations are based on objective category management principles, in accordance with all applicable legal requirements, and are based on the principles of fair share of shelf and fair share assortment.

*Offer excludes Vicks Humidifiers

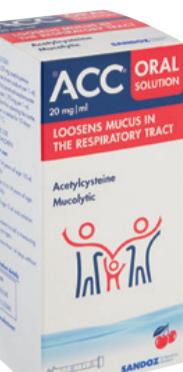
**VapoRub^N
Value Pack
100g**
**109⁹⁹
per pack**
**Acta Plus
Wet + Dry
2-IN-1 Relief
Cough Syrup
100ml**
**75⁹⁹
each**

FLU RELIEF



**Benylin
Wet Cough
Mucus Relief
100ml / Assorted**

52⁹⁵



**ACC
Oral Solution
200ml**

#14464

102⁹⁵



**Cepacol
Throat Lozenges
24 lozenges / Assorted**

59⁹⁵



**ACC 600
EFFERVESCENT
10 Effervescent
Tablets**

**Acetylcysteine 600 mg • Mucolytic
10 Effervescent Tablets**

ONE A DAY

SANDOZ & Novartis

131⁹⁵

BP MONITORS



**Medic
Blood Pressure Monitor
#334938**

- One-touch operation
- WHO BP indicator
- Average of three measurements
- Travel bag
- Automatic power-off to help extend battery life
- Accurate result detected by oscillograph

495⁰⁰

DIGESTIVE CARE



**20%*
OFF
ALL Agiolax Herbal
Laxative products**

**Agiolax
Herbal
Laxative
Sachets
4 x 10g sachets**

47⁹⁵

**Agiolax
Herbal Laxative
Granules
1000g**

768⁹⁵

**Agiolax
Herbal Laxative
Granules
100g**

112⁹⁵

*Advertised prices already reflect discount

Extra 5% OFF for Dis-Chem Benefit Card members

EYE CARE



**Bausch + Lomb
Biotrue
Multi-Purpose
Solution
300ml**

#152653

105⁹⁵



**Bausch + Lomb
ReNu
MultiPlus
Solution
360ml**

#56932

99⁹⁵



**Bausch + Lomb
ReNu
Multi-Purpose
Solution
360ml**

#56932

99⁹⁵

MUSCLE RELIEF

**2+1
CHEAPEST
FREE
on ANY Deep Heat
products**



**Deep Heat
Spray
150ml**

**119⁹⁵
each**

**Deep Heat
Ointment Rub
35g**

**52⁹⁵
each**

HYDRATION



**Rehidrat
6 sachets
Assorted**

79⁹⁵



**Rennie
Antacid
96 chewable
tablets
Assorted**

92⁹⁵

**Purgolene
20 sachets
#197430**

119⁹⁵

**ALKAFIZZ
URINARY ALKALISER GASTRIC ANTACID
EFFERVESCENT GRANULES**

69⁹⁵

**Gelacid
Suspension
200ml
#14291**

74⁹⁵

NASAL CARE



**Oxymist
0,05 Adult
Nasal Spray
10ml**

#294645

53⁹⁵

**Sinutab
Blocked Nose
Nasal Spray
10ml**

#14464

56⁹⁵



**WELLNESS
CLINIC**

WHAT IS DEWORMING?

Deworming is the process of removing parasitic worms or intestinal worms from the body by using an anthelmintic medicine that kills worms.

BENEFITS OF DEWORMING?

Deworming improves your family's immunity, thereby protecting them from chronic illnesses caused by worms.



**Vermox
SD Suspension
10ml
#38984**

46⁹⁵

ALL ABOUT DEWORMING



It improves attendance and concentration, making them more productive in school



It controls infections that can cause loose bowels and anaemia



It improves your livelihood and potential work opportunity



It helps reduce worm infections in the whole community

S1 VERMOX® Suspension. Each 5 ml suspension contains 100 mg Mebendazole Polymorph C. Reg. No. K12/206. S1 VERMOX® 100 mg tablets. Each tablet contains 100 mg Mebendazole Polymorph C. Reg. No. G12/105. S1 VERMOX® 500 mg tablet. Each tablet contains 500 mg Mebendazole Polymorph C. Reg. No. W12/42. For full prescribing information, refer to the package insert approved by the Medicines Regulatory Authority ZA-VE-2100001. Talk to us on sharecall 0860 410032 or email jnja@its.jnj.com. Always ask your pharmacist or doctor for appropriate treatment options for you and your family.

GREAT SAVINGS WITH OUR SCHEDULED MEDICINE

Broncol Cough Linctus 200ml

62⁹⁵

Benylin 4 Flu 200ml

82⁹⁵

Cipla Loperamide 12 tablets

20⁹⁵

Colchicine 1mg Houde 6 tablets

30⁹⁵

Coryx Cold & Flu 12 effervescent tablets

56⁹⁵

Coryx Paediatric Cold & Flu 140ml

56⁹⁵

Canestan 1VC Vaginal Cream 5g

197⁹⁵

Ibugesic Plus 30 capsules

52⁹⁵

Ibugesic Forte 30 capsules

63⁹⁵

Nexipraz 14 tablets

112⁹⁵

Patanol Eye Drops 5ml

185⁹⁵

Sinutab Sinus Pain Extra Strength 24 tablets

69⁹⁵

Prices only applicable in South Africa



HUMIDIFIERS & NEBULIZERS

VICKS



VapoPads
7-pack / Assorted

169⁰⁰
each



Portable Waterless Diffuser
#299126

- Compact diffuser
- Menthol & essential oil pads
- Waterless, no spills or filling

219⁰⁰

VITALITY



Comforting Plug-In Vapors
#214059

- Menthol & essential oils
- Suitable also for use with cough & colds

265⁰⁰



Personal Humidifier Ultrasonic Cool Mist
#214054

- Suitable also for use with cough & colds
- Helps reduce flu viruses survival

499⁰⁰



Mini Cool Mist Ultrasonic Humidifier
#214052

- Suitable also for use with cough & colds
- Safe for children's room

799⁰⁰



Warm Mist Humidifier
#106555

- Quiet operation
- Adjustable settings
- Automatic shut-off
- Large opening for easy cleaning
- Operates at least 9 hours on a single filling

995⁰⁰



Cool Mist Ultrasonic Humidifier
#75489

- Quietly produces an ultra-fine visible mist, helping to return essential moisture to dry air
- 9 hours on a single filling

999⁰⁰



Sweet Dreams Cool Mist Humidifier
#168334

- Enchanting and soothing bedtime environment
- Suitable also for use with cough & colds

1099⁰⁰

MEDIC



Steam Humidifier

- #184085
- Auto switch-off
- Warm steam
- Energy efficient
- 8 hours running time per fill

429⁰⁰



Ultrasonic Humidifier

- #323954
- Convenient top-filling design
- Spray amount control
- Unique design with strong evaporation
- Quiet when operating
- Automatic power-off when water tank is empty
- Add essential oils for aroma
- Room area: up to 25m²

399⁰⁰



MEDIC

DEVICES

PISTON NEBULIZER

- Latex free
- Easy to clean
- Ideal for all ages
- Easy carry handle
- Complete Nebulizer kit included



Piston Nebulizer

- #334952
- Latex free
- Easy to clean
- Ideal for all ages
- Easy carry handle
- Complete Nebulizer kit included

495⁰⁰



Compressor Nebulizer

- #334939
- Low noise
- Small and lightweight

699⁰⁰



Medic Mesh Nebulizer

- #334953
- Microporous atomization technology
- Ultra-quiet, low power consumption
- No residual liquid
- Mini design, easy to carry
- Automatic turn-off after 5 or 10 minutes
- Two airflow levels

749⁹⁵



DAILY SUPPLEMENTS & MULTIVITAMINS

MIND. BODY. **SOLAL**®

For full prescribing information, refer to the package insert. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use. | References available on file



Milk Thistle Extract
90 capsules
181.56
WAS 226.95



Probiotic Maximum Potency
60 capsules
367.96
WAS 459.95



Magnesium Glycinate
60 tablets
343.96
WAS 429.95

20%*
OFF
Solal
products**

BENEFITS
Optimal Function, Protection,
Detoxification, Absorption
and Balance.

Your holistic detox and
digestion bundle for
optimal health



All You Need
For Men
OR Women Ages 20-50
OR Multivitamin 3 Per Day
90 capsules
227.96
WAS 284.95

*Advertised prices already reflect discount **Offer only applicable on the above Solal products



Salusa Active
30 tablets
119.96
WAS 149.95

20%*
OFF
All Salusa
30 tablet
products

BUY ANY 2
TIBB BLACKSEED
PRODUCTS
GET 25%* OFF
THE SECOND PRODUCT



SAVE
21.00*



Tibb
Vom-Eeze Syrup
100ml
#405105
118.95
WAS 139.95



**Discounts to be deducted at tills

20%**
OFF
All StaminoGro
products

Vascafem
Unique
Supplement
for Women
100 tablets
#41192

151.96
WAS 189.95

Vascamen
Unique
Supplement
for Men
90 tablets
#41194

197.56
WAS 246.95

20%*
OFF
Vascafem 100 tablets
AND Vascamen
90 tablets



*Advertised prices already reflect discount

SAVE
10.00*



Myofolate 2g
30 sachets
#389540
439.95
WAS 449.95

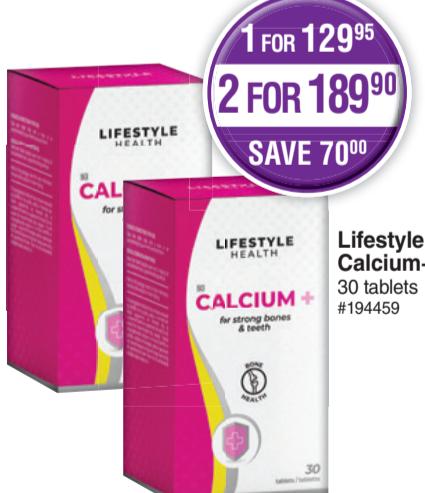
A.Vogel
Boldocynara Liver
and Gall Bladder
Support Drops
50ml
#14519
OR Nephrosolid
Kidney and
Bladder Support
Drops
50ml
#14535
129.95
each
WAS 148.95



Nature's
Antimicrobial
Herbal
Wellness Olive
Leaf Extract
50ml
164.95
each
WAS 182.95

*Advertised prices already reflect discounts

SAVE
18.00*
each



Lifestyle Health
Calcium+
30 tablets
#194459

SAVE
129.95*



Spectrum
Multivitamin
OR Senior
120 tablets
PLUS FREE
30 tablets
#25838/#25835
329.95

*Advertised prices already reflect discounts

Dis-Chem WELLNESS CLINIC

FREE HYPERTENSION TEST
on World Hypertension Day, 17 May 2023



Hypertension (high blood pressure) is when the pressure in your blood vessels is too high (140/90 mmHg or higher). It is common but can be serious if not treated. www.who.int

Symptoms include headache, blurred vision, frequent nose bleeds, nausea and facial flushing. Visit any of our **Dis-Chem** Clinics across the country for a **FREE TEST** on World Hypertension Day, 17 May 2023.

To find out more about **Dis-Chem** Wellness Clinics, visit the **Dis-Chem** website, scan the QR code, download the App to book an appointment, ask any of our friendly nursing practitioners or contact our Clinic Call Centre at 0861 117 427.





DIGESTIVE CARE

Available to Dis-Chem Health policyholders



20% OFF
Look out for the extra icon in-store or online to identify qualifying products

INSTANT DISCOUNTS Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

	INSTANT DISCOUNT 20% OFF		INSTANT DISCOUNT 33.00* OFF		INSTANT DISCOUNT 15% OFF These Reuterina products	
A. Vogel Molkosan 500ml #184956	315.95 WITH CARD 252.76	Iberogast 9 Herb Treatment Oral Liquid 50ml #56952	322.95 WITH CARD 289.95	Reuterina Drops 5ml #49723	215.95 WITH CARD 183.56	Reuterina Acute 10 chew tablets #2200

*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

	SAVE 30.00* each		1 FOR 109.95 2 FOR 169.95 SAVE 49.95		extra
Lifestyle Health Inulin Prebiotic Fibre Powder OR Fibre Supplement 300g 99.95 each WAS 129.95		Gold Activated Charcoal 60 vegicaps #218334		199.95 WAS 229.95	
	SAVE 18.00*		SAVE 50.00*		extra
Biogen Digestive Enzymes 60 PLUS 10 vegi capsules #229307	139.99 WAS 157.99	Biogen Supreme Probiotic 9-Strain 60 PLUS 10 vegi capsules #213679	214.95 WAS 264.95	Unienzyme 30 tablets Once daily dose #334443	204.95 WAS 224.95

*Advertised prices already reflect discounts

*Advertised price already reflects discount

*Advertised prices already reflect discounts

MINERALS

	SAVE 30.00*		SAVE 50.00*		1 FOR 131.95 2 FOR 199.90 SAVE 64.00		20% OFF ALL Chela-Fer Iron Supplements		Chela-Fer Iron Supplement 24mg 30 tablets 210.36 WAS 262.95
Slow-Mag Magnesium Fizzies 30 fizzies #173863	199.95 WAS 229.99	Slow-Mag Magnesium Capsules 100 capsules #113750	299.95 WAS 349.99			Gold Iron Plus High Strength 60 coated tablets #89940			Chela-Fer Iron Supplement Syrup 150ml 191.96 WAS 239.95
						1 FOR 109.95 2 FOR 169.90 SAVE 50.00	Gold Slow Release Magnesium 100 tablets #71919		Biogen Magnesium Glycinate 60 tablets #218164
							219.99 each WAS 269.99		

*Advertised prices already reflect discounts

*Advertised prices already reflect discounts



Available to Dis-Chem Health policyholders

20% OFF
over 2500 products

Look out for the extra icon in-store or online to identify qualifying products*

*Get access to lifestyle benefits and extra by including Value Added Services at an additional fee. Ts & Cs apply.



BONE & JOINT HEALTH



Available to Dis-Chem Health policyholders
20% OFF
Look out for the extra icon in-store or online
to identify qualifying products

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.



INSTANT
DISCOUNT
40.00*

Piascledine
30 capsules
#141286
329.95
WITH CARD
289.95



INSTANT
DISCOUNT
40.00*

Arthraway
Chronic Joint
Therapy
Value Pack
180 tablets
#107211
319.95
per pack
WITH CARD
279.95

*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

20%*
OFF
ALL MenaCal.7
Bone Support
products

MenaCal.7
30 tablets
155.96
WAS 194.95



MenaCal.7
Value Pack
90 tablets
283.96
per pack
WAS 354.95

20%*
OFF
B-Cal-K2
90 AND
30 tablets

B-Cal-K2
90 tablets
#420028
271.96
WAS 339.95

B-Cal-K2
30 tablets
#219453
135.96
WAS 169.95



SAVE
45.00*
per pack

Lifestyle Health
MSM 1000mg
120 coated tablets
#387494
219.95
WAS 264.95



VALUE
PACK
40.00*
per pack

ArthroGuard
Everyday
Joint
Protection
& Support
Value Pack
2 x 90 capsules
#44143
299.95
per pack
WAS 339.95

ArthroGuard
Everyday
Joint
Protection
& Support
Value Pack
2 x 90 capsules
#44143
299.95
per pack
WAS 339.95

*Advertised prices already reflect discounts



ENERGY BOOSTERS



SAVE
17.00*
per pack

Turbo Energy
15 sachets
Assorted
per pack
89.95
WAS 106.95



SAVE
30.00*
per pack

ReVite
Vit-T-Go
20 sachets
#49762
90.97
WAS 129.95



SAVE
90.00*
each

Berocca
Boost
OR Performance
30 effervescent tablets
Assorted
199.95
each
WAS 289.95



20%*
OFF
BioPlus
Syrups**

BioPlus
Syrup
200ml
76.76
WAS 95.95

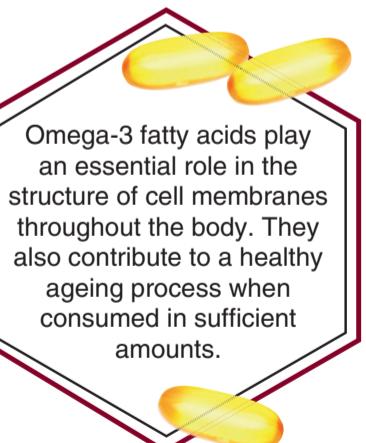
BioPlus
Syrup
500ml
141.56
WAS 176.95

*Advertised prices already reflect discounts

**Offer excludes BioPlus sachets



OMEGAS & HEART HEALTH



Omega-3 fatty acids play an essential role in the structure of cell membranes throughout the body. They also contribute to a healthy ageing process when consumed in sufficient amounts.



SAVE
35.00*

Gold
Omega 3
Supreme
60 softgel capsules
#333156
129.95
WAS 164.95



20%**
OFF
ALL Gold
365 Bulk Value
Packs

**Discount to be deducted at tills



1 FOR 142.95
2 FOR 199.90
SAVE 86.00

ReVite
Phenomin-Oil
Omega-3
1000mg
90 softgels
#49895



SAVE
30.00*

A.Vogel
VegOmega-3
30 capsules
#172740
199.95
WAS 229.95



VALUE
PACK
60.00*
per pack

Biogen
Omega-3
Fish Oil
Value Pack
90 PLUS 90
softgel capsules
#389540
169.95
per pack
WAS 229.95

*Advertised prices already reflect discounts

NB: These prices are only valid on cash and card purchases, standard rates apply for all medical aid claims.
These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use. E&OE.



CHILDRENS HEALTH

Available to **Dis-Chem Health** policyholders

20% OFF
Look out for the **extra** icon in-store or online
to identify qualifying products



20% OFF
Look out for the **extra** icon in-store or online
to identify qualifying products



*Swipe your **Dis-Chem** Benefit Card to claim your Instant Discount



*Offer excludes Brain Child Banded Packs **AND** Value Packs



*Advertised price already reflects discount



*Advertised price already reflects discount



*Advertised prices already reflect discount

CONFECTIONERY



*Advertised prices already reflect discounts



*Advertised prices already reflect discounts



*Advertised prices already reflect discounts



HEALTH FOODS

BREAKFAST CORNER



1 FOR 49⁹⁵
2 FOR 80⁰⁰
SAVE 19⁹⁰

Lifestyle Food
Rolled Oats
1kg
#201097

SAVE
10⁰⁰*



Lifestyle Food
Granola Crunch
750g / Assorted
54⁹⁵
WAS 64⁹⁵



SAVE
8⁰⁰*



Lifestyle Food
Quick Oats
1kg
#293355
29⁹⁵
WAS 37⁹⁵

Lifestyle Food Quick Oats 1kg #293355

29⁹⁵
WAS 37⁹⁵

Thus far, the Dis-Chem Foundation and FutureLife® have provided over 1 million nutritious meals to children in need. Going forward, we will now be serving 150 000 nutritious meals a month.



Available to Dis-Chem Health policyholders
20% OFF
Look out for the extra icon in-store or online to identify qualifying products

FUTURELIFE
Smart nutrition for life



FUTURELIFE® is South Africa's only functional food scientifically formulated with immune modulating moducare under licence from Aspen Pharmacare.



2+1
FREE

on ANY FutureLife Smart+ Instant Oats Whole Grain 700g AND Ancient Grains 500g

500g
41⁹⁵
each

VALUE
PACK

SAVE
30⁰⁰*

High Protein Smart+ Food Value Pack 1kg / Assorted 109⁹⁵ per pack

WAS 139⁹⁵



3+1
CHEAPEST
FREE

on ANY FutureLife Bar Multipacks



SAVE
20⁰⁰*

Smart+ Food Zero 1.25kg / Assorted 94⁹⁵ WAS 114⁹⁵

*Advertised prices already reflect discounts

MILK & MILK ALTERNATIVES



20%*
OFF
ALL Blue Diamond Almond Breeze products

*Discount to be deducted at tills

TEAS & HOT DRINKS

Lifestyle Food
Instant Ginger Drink with Honey & Lemon
40 sachets / Assorted
115⁹⁶
WAS 144⁹⁵

Lifestyle Food
Green Tea with Ginger
40 teabags / Assorted
27⁹⁶
WAS 34⁹⁵



20%*
OFF
ALL Lifestyle Food Teas 40 teabags AND sachets



SAVE
9⁰⁰*

Closemyer
Slimming Green Tea
20 teabags
#131248

54⁹⁵
WAS 63⁹⁵

*Advertised prices already reflect discounts

GLUTEN FREE PASTA



2+1
FREE
on ANY Lifestyle Food Gluten Free Pasta 250g

Lifestyle Food
Gluten Free Spaghetti Pasta
250g / Assorted
45⁹⁵
each

2+1
FREE
on ANY Slim & Trim Pasta AND Rice 200g

Slim & Trim
Fettuccine OR Spaghetti OR Rice
200g
52⁹⁵
each

EDIBLE OILS



SAVE
10⁰⁰*

Lifestyle Food
Odourless Coconut Oil
1 litre
#158946
59⁹⁵
WAS 69⁹⁵

1 FOR 169⁹⁵
2 FOR 299⁹⁵
SAVE 39⁹⁵

Lifestyle Food
Cold Pressed Extra Virgin Olive Oil
1 litre
#220742

*Advertised price already reflects discount

HEALTH DRINKS

3+1 FREE
on ANY Happy Culture products

Happy Culture Water Kefir
330ml / Assorted
23.95 each

Happy Culture Kombucha
300ml / Assorted
25.95 each

3+1 FREE
on ANY Rugani 100% Juices 750ml

Rugani 100% Juice
750ml / Assorted
29.95 each

20% OFF
ALL Indezi River products

Indezi River Full Cream Goats' Milk Strawberry Yoghurt
Indezi River Full Cream Yeast Free Kefir Strawberry Flavour
Indezi River Full Cream Yeast Free Kefir Plain

*Discount to be deducted at tills
Indezi River products available at selected stores only
Visit dischem.co.za for more information

SNACK TIME

2+1 FREE
on ANY Clevers Candy Coated Sweets 45g

Clevers Candy Coated Sweets
45g / Assorted
17.95 each

3+1 FREE
on ANY Lorenz Pom Sticks 100g

Lorenz Pom Sticks
100g / Assorted
29.95 each

3+1 FREE
on ANY Trigz Crunchy Popped Corn Chips 28g

Trigz Crunchy Popped Corn Chips
28g / Assorted
7.95 each

SUGAR ALTERNATIVES

Non-irradiated & Irradiated Honey

Honey served in its raw form with good enzymes and bacteria intact is called non-irradiated and honey that has been exposed to radiant energy to kill insects, bacteria, and other food-borne pathogens is called irradiated. Some of the benefits of eating honey include increased energy, balanced stomach and lowering blood pressure.

INSTANT DISCOUNT
25.00* OFF
Lifestyle Food Choice Grade Honey
1kg #186491
164.95 WITH CARD
139.95

SAVE 20.00*
Nature's Buzz African Raw Honey
1kg #331867
169.95 WAS 189.95

SAVE 20.00*
Goldcrest Choice Grade Pure Honey
500g #383313
78.95

SAVE 20.00*
Tony Ferguson Xylitol Sugar Replacement
500g #411255
114.95 WAS 134.95

20% OFF
ALL Lifestyle Food Sugar Replacements

Lifestyle Food Sweetener
100 tablets
27.16
WAS 33.95

Lifestyle Food Sweetener
100 stick sachets
47.96
WAS 59.95

Lifestyle Food Sweetener
200 stick sachets
87.96
WAS 109.95

Lifestyle Food Stevia
100 stick sachets
69.56
WAS 86.95

Lifestyle Food Sweetener Refill Pack
500 tablets
79.96
WAS 99.95

Lifestyle Food Sweetener
300 tablets
63.96
WAS 79.95

SAVE 17.00*
Health Connection Wholefoods Stevia Liquid
150ml #41446
59.95
WAS 76.95



4+1 FREE on ANY Youthful Living Keto Vegan AND Collagen Bars 52g

1 FOR 32⁹⁵
2 FOR 49⁹⁵
SAVE 15⁹⁵

Protein Cookie Sandwich
2 x 25g / Assorted

NEW

4+1 FREE on ANY Youthful Living Protein Butter Cups 2 x 24g

YL Protein Peanut Butter Cups
10g Collagen, 30% Protein, Keto Friendly, Palm Oil Free, No Added Sugar, Cafe Mocha, 52g

YL Protein Macadamia Butter Cups
10g Collagen, 30% Protein, Keto Friendly, Palm Oil Free, No Added Sugar, Dark Chocolate, 52g

YL Protein Almond Butter Cups
10g Collagen, 30% Protein, Keto Friendly, Palm Oil Free, No Added Sugar, Dark Chocolate, 52g

YL Protein Peanut Butter Cups
10g Collagen, 30% Protein, Keto Friendly, Palm Oil Free, No Added Sugar, Vanilla Almond, 52g



PRIMAL SPORTS NUTRITION

Banded Pack
SAVE 80⁰⁰* per pack

CLA 270 Banded Pack
299⁹⁵ per pack
WAS 379⁹⁵
#194365

Beauty Collagen
510g / Assorted
329⁹⁵
WAS 369⁹⁵

DIET SHAKE
900g / Assorted
279⁹⁵
WAS 309⁹⁵

SAVE 30⁰⁰*

***Advertised prices already reflect discounts**

ENERGY DRINKS & SPORTS BARS



1 FOR 16⁹⁵
2 FOR 29⁹⁵
SAVE 3⁹⁵

Red Bull Energy Drink
250ml / Assorted

1 FOR 11⁹⁵
2 FOR 19⁹⁵
SAVE 3⁹⁵

Switch Energy Drink
500ml / Assorted



Biogen Night Feed Casein Protein Bar
65g / Assorted
1 FOR 39⁹⁵
2 FOR 59⁹⁵
SAVE 19⁹⁵

Grenade Carb Killa High Protein Bar
60g / Assorted
1 FOR 54⁹⁵
2 FOR 90⁰⁰
SAVE 19⁹⁰

FITNESS GEAR



BIOGEN
FOR THE RESULTS YOU WANT

10%* OFF ALL Biogen Fitness Gear

***Discount to be deducted at tills**



Dis-Chem LIVING FIT

Core Sliders
#293991
139⁹⁵
WAS 159⁹⁵

AB Wheel
#293992
219⁹⁵
WAS 249⁹⁵

Resistance Band Set
#293990
279⁹⁵
WAS 319⁹⁵

Slimmer Belt
100 x 20cm
#293941
179⁹⁵
WAS 199⁹⁵

SAVE 20⁰⁰*
SAVE 30⁰⁰*
SAVE 40⁰⁰*
SAVE 20⁰⁰*

***Advertised prices already reflect discounts**

SPORT SUPPORT



Leuko[®] SPORTS STRAPPING
PROUD SUPPLIERS
OFFICIAL SPORTS STRAPPING PARTNER OF THE SPRINGBOKS

STRAPPING FOR CHAMPIONS

- QUALITY ELASTIC ADHESIVE SUPPORT
- FOR TREATMENT OF INJURIES TO JOINTS, MUSCLES AND LIGAMENTS
- MADE IN SOUTH AFRICA



15%* OFF Leukoband[®] S products**

Elastic Adhesive 75mm x 4.5m
Elastic Adhesive 100mm x 4.5m
Elastic Adhesive 50mm x 4.5m

***Discount to be deducted at tills. ** Offer only applicable on the above Leukoband[®] S products**



HAIR CARE



*Advertised price already reflects discount



Repair & Protect OR Deep Cleansing & Replenishment Shampoo OR Conditioner
828ml/946ml Assorted
71.96 each
WAS 79.95

*Advertised price already reflects discount

**Offer only applicable on the above Supreme products

REFLECTIONS



USED BY PROFESSIONALS



Available to Dis-Chem Health policyholders
20% OFF
Look out for the extra icon in-store or online to identify qualifying products

NOAH



NOAH



Restructuring Cream OR Nourishing Conditioner 250ml OR Regenerating Hair Mask 200ml
159.96 each
WAS 199.95

*Advertised prices already reflect discount

Selsun



2.5% Shampoo 100ml
67.96 each
WAS 84.95

*Advertised prices already reflect discount

Batiste



Premium Dry Shampoo
• Volume
• Hydrate
• De-frizz
• Damage control
200ml
103.96 each
WAS 129.95

Dry Shampoo 200ml / Assorted
82.36 each
WAS 102.95

*Advertised prices already reflect discount

SALON SELECTIVES



15% OFF ALL Salon Selectives Shampoos AND Conditioners 400ml
50.96 each
WAS 59.95

*Advertised price already reflects discount



HAIRCARE BRAND USED BY
AFRICAN HAIR STYLISTS* **NO.1**

PROFESSIONAL EXPERTISE

Au Naturale Dream Big Curl Elongating Treatment 175ml

8747
WAS 124⁹⁵

Waterless Cleanser 250ml

5317
WAS 75⁹⁵

Au Naturale Wash Day Miracle Shampoo 500ml

8747
WAS 124⁹⁵

30%
OFF**
Dark and Lovely Purple range, Protective Crowns, Hair Treats AND Au Naturale products



*Advertised prices already reflect discount

*SAGACI, 2020 Hair brand image survey, South Africa/Kenya/Nigeria/Ivory Coast

I AM DARK AND LOVELY



**30%*
OFF**
AfriPure hair care products**



*Advertised prices already reflect discount
**Offer excludes AfriPure Tea Tree 100% Pure Oil 50ml



**SAVE
20⁰⁰***

**SAVE
10⁰⁰***

**SAVE
30⁰⁰***

Define Me! Curl Activating Cream 250ml #333197

89⁹⁵
WAS 119⁹⁵

Slip Me! Curl Milk 250ml #418400

69⁹⁵
WAS 89⁹⁵

Restore Me! Deep Penetrating Conditioning Masque 50ml #417548

29⁹⁵
WAS 39⁹⁵

*Advertised prices already reflect discounts

L'ORÉAL PARIS

**20%*
OFF**
L'Oréal Paris hair colour products**



Excellence Crème Hair Colour Assorted shades

132⁷⁶
WAS 165⁹⁵

Magic Retouch Instant Root Concealer Spray 75ml Assorted shades

95⁹⁶
WAS 119⁹⁵

Casting Crème Gloss Conditioning Hair Colour Assorted shades

127⁹⁶
WAS 159⁹⁵

*Advertised prices already reflect discount **Offer only applicable on the above L'Oréal Paris hair care products

CLAIROL

**20%*
OFF**
Clairol Nice'n Easy Crème Permanent Hair Colour



Nice'n Easy Crème Permanent Hair Colour Assorted shades

103⁹⁶
each
WAS 129⁹⁵

*Advertised price already reflects discount

GARNIER

**20%*
OFF**
All Garnier Nutrisse hair colour products



Nutrisse Nourishing Permanent Hair Colour Crème Assorted shades

103⁹⁶
each
WAS 129⁹⁵

*Advertised price already reflects discount

Schwarzkopf YOU got2b YOU

**10%*
OFF**
Schwarzkopf Got2B Glued products**



Ultra Glued Styling Gel 150ml

148⁴⁶
WAS 164⁹⁵

2in1 Gel for Brows & Edges 16ml

155⁶¹
WAS 172⁹⁵

Glued Blasting Freeze Spray 300ml

166⁴⁶
WAS 184⁹⁵

*Advertised prices already reflect discount
**Offer excludes Schwarzkopf Got2B Gel 50ml AND Hairspray 100ml

REFLECTIONS



**10%*
OFF**
All Reflections Hair Colour products



Metallic Touch Permanent Hair Colour Assorted colours

89⁹⁶
WAS 99⁹⁵

High Gloss Hair Colour Assorted shades

76⁴⁶
WAS 84⁹⁵

Premium Fashion Permanent Hair Colour Cream Assorted shades

71⁹⁶
WAS 79⁹⁵

*Advertised prices already reflect discount

NATUR VITAL



**10%*
OFF**
NaturVital ColourSafe Permanent Hair Colour



Coloursafe Permanent Hair Colour Assorted shades

134⁹⁶
each
WAS 149⁹⁵

*Advertised price already reflects discount



**EARN AND REDEEM
UCOUNT
REWARDS POINTS AT Dis-Chem**
when using your qualifying Standard Bank Card.

*Benefits relative to UCount tier. Ts&Cs apply. Auth FSP NCRCP15.

UCOUNT
REWARDS



Standard Bank IT CAN BE..



BATH AND BODY CARE

Lifebuoy Hygiene Soap Bar
175g / Assorted **12⁹⁵** each
WAS 16⁹⁵

Lifebuoy Hygiene Body Wash
750ml / Assorted **47⁹⁵**
WAS 65⁹⁵

Lifebuoy Hygiene Hand Wash
200ml / Assorted **27⁹⁵**
WAS 36⁹⁵

Skin eFX BODY WASH
750 ml **49⁹⁵**
WAS 59⁹⁵

Skin eFX Daily Moisture RESTORING BODY MOISTURISER
725ml / Assorted **39⁹⁵**
WAS 49⁹⁵

Playboy OR Playgirl Body Lotion OR Cream
400ml / Assorted **39⁹⁵**
WAS 49⁹⁵

Safeguard Hygienic Shower & Bath Gel Value Pack
1 litre Assorted **60⁰⁰** per pack
WAS 70⁰⁰

SAVE 400* each

SAVE 1800*

SAVE 900*

SAVE 1000*

SAVE 1000*

SAVE 1000*

VALUE PACKS

SAVE 1000*

SAVE 1000*

Advertised prices already reflect discounts



*Offer excludes Epi-Max Banded Packs AND Value Packs



2+1 FREE
on ANY Ef-Active 250ml Camphor Cream

19⁹⁵
each



2+1 FREE
on ANY 400ml Satiskin Shower Gels

49⁹⁵
each



2+1 FREE
on ANY 500ml Afri'pure Body Wash

69⁹⁵
each



2+1 FREE
on ANY Vaseline Clinical Care Body Cream OR Lotion 400ml

89⁹⁵
each



Ef-Active Glycerine
100ml
#295901



1 FOR 16⁹⁵
2 FOR 26⁰⁰
SAVE 7⁹⁰



1 FOR 79⁹⁵
2 FOR 90⁰⁰
SAVE 69⁹⁰



1 FOR 76⁹⁵
2 FOR 96⁰⁰
SAVE 57⁹⁰



1 FOR 72⁹⁵
2 FOR 96⁰⁰
SAVE 49⁹⁰



BUY BOTH FOR ONLY 110⁰⁰
SAVE 39⁹⁰

Good Stuff Body Lotion PLUS Wash
700ml Assorted



*Offer excludes NIVEA Repair & Care range



DEODORANTS

1 FOR 42⁹⁵
2 FOR 66⁰⁰
SAVE 19⁹⁰



Dove Anti-Perspirant Deodorant Spray for Men OR Women 150ml / Assorted

1 FOR 28⁹⁵
2 FOR 44⁰⁰
SAVE 13⁹⁰



Dove Anti-Perspirant Roll-On for Men OR Women 50ml / Assorted

72H NONSTOP SWEAT PROTECTION ALL SUMMER

Shield

2+1 CHEAPEST FREE on ANY Shield Roll-Ons AND Deodorants

Anti-Perspirant Roll-On for Men OR Women 50ml / Assorted 24.95 each

Anti-Perspirant Deodorant Spray for Men OR Women 150ml / Assorted 36.95 each

1 FOR 42⁹⁵
2 FOR 60⁰⁰
SAVE 25⁹⁰



NIVEA Anti-Perspirant Deodorant Spray for Men OR Women 150ml / Assorted*

1 FOR 39⁹⁵
2 FOR 56⁰⁰
SAVE 23⁹⁰



Axe Deodorant Body Spray 150ml / Assorted

*Excludes NIVEA Beauty Essence range

1 FOR 59⁹⁵
2 FOR 90⁰⁰
SAVE 29⁹⁰



Lenthéric Solo Deodorant Body Spray 250ml Assorted

1 FOR 26⁹⁵
2 FOR 42⁰⁰
SAVE 11⁹⁰



Brut Anti-Perspirant Roll-On 50ml / Assorted

2+1 CHEAPEST FREE on ANY Status Deodorants AND Roll-Ons

Status Anti-Perspirant Roll-On 50ml Assorted 21.95 each

Status Cologne Deodorant Body Spray 130ml Assorted 31.95 each

1 FOR 59⁹⁵
2 FOR 90⁰⁰
SAVE 29⁹⁰



Yardley Perfume Body Spray 150ml Assorted

1 FOR 47⁹⁵
2 FOR 68⁰⁰
SAVE 27⁹⁰



Yardley Perfume Body Spray 90ml Assorted

SAVE 5^{00*} each



Playgirl Deodorant Body Spray 90ml / Assorted 26.95 each

WAS 31.95

SAVE 9^{00*} each



Brut Deodorant Body Spray 120ml / Assorted 29.95 each

WAS 38.95

2+1 CHEAPEST FREE on ANY Old Spice Deodorant Sprays 150ml AND Sticks 50ml

Old Spice Deodorant Stick 50ml Assorted 62.95 each

Old Spice Deodorant Spray 150ml Assorted 48.95 each

1 FOR 33⁹⁵
3 FOR 80⁰⁰
SAVE 21⁸⁵



Sanex Anti-Perspirant Roll-On for Men OR Women 50ml / Assorted

SAVE 18^{00*} each



Mitchum Anti-Perspirant Gel Stick for Men OR Women 63g / Assorted 69.95 each

WAS 87.95

*Advertised prices already reflect discounts

*Advertised prices already reflect discounts

*Advertised price already reflects discount

Join Discovery Bank and get **up to 50%** back on a range of personal care items

The Future of Banking. **Now.**

Rewards based on your engagement in Vitality programmes, Discovery products, and monthly qualifying card spend. Discovery Bank Ltd. Auth FSP. FSP 48657. NCRCP9997. Limits, Ts & Cs apply.



Discovery Bank

DENTAL CARE



Pro 3 Cross Action
Electric Toothbrush
• Smart pressure sensor
• 360° gum pressure control
• 2-minute timer
• 3 x modes

749⁹⁸
WAS 1499⁹⁵

GeniusX 20000N
Powerbrush

- Rechargeable
- Recognises your brushing style

2949⁹⁸
WAS 5899⁹⁵



50%*
OFF
ALL Oral-B
Powerbrushes



D100 Kids Powerbrush

- 2-minute timer with Disney magic timer app
- Assorted characters

329⁹⁸
each
WAS 659⁹⁵

1+1
FREE
on ANY Oral-B
Powerbrush Heads 2-pack



Available to Dis-Chem Health policyholders
20% OFF
Look out for the extra icon in-store or online to identify qualifying products

2+1
CHEAPEST
FREE
on ANY Oral-B
Manual Toothbrushes



Gum & Enamel Care
Toothbrush
3999
each

Powerbrush Heads 2-pack
326⁹⁵
per pack

*Advertised prices already reflect discount



1 FOR 29⁹⁵
2 FOR 44⁰⁰
SAVE 15⁹⁰

Mentadent P
Toothpaste
100ml
Assorted



1 FOR 31⁹⁵
2 FOR 55⁰⁰
SAVE 8⁹⁰

Aquafresh
Ultimate
Whitening
Toothpaste
75ml*

INSTANT
DISCOUNT
10⁰⁰*
OFF



Dentalmate
Denture
Adhesive
Cream
40g
#155559
99⁹⁵
WITH CARD
89⁹⁵

*Swipe your Dis-Chem Benefit Card to claim your Instant Discount



1 FOR 48⁹⁵
2 FOR 74⁰⁰
SAVE 23⁹⁰

Sensodyne
Toothpaste
75ml
• Clean & Fresh
• Gentle Whitening
• Multicare
• Fresh Mint
• Herbal
• Charcoal



1 FOR 28⁹⁵
2 FOR 45⁰⁰
SAVE 12⁹⁰

Aquafresh
Extreme Clean
Whitening
Toothpaste
75ml / Assorted



SAVE 10⁰⁰*
per pack



Dentalmate
Mouthwash
Value Pack
1.5 litres
Assorted
74⁹⁵
per pack
WAS 84⁹⁵



1 FOR 58⁹⁵
2 FOR 90⁰⁰
SAVE 27⁹⁰

Sensodyne
Clean & Fresh
OR Multicare
Toothbrush
#19103
#191038001



2+1
CHEAPEST
FREE
on Himalaya
products**

Himalaya
Sparkly White
Toothpaste
75ml
31⁹⁵
each

Himalaya
Stain-Away
Toothpaste
75ml
34⁹⁵
each

Himalaya
Mint Fresh
Toothpaste
75ml
23⁹⁵
each

**Offer excludes Himalaya Vitamins products

VALUE
PACK

25⁰⁰*
per pack



Dentalmate
Mouthwash
Value Pack
1 litre
#156452
74⁹⁵
per pack
WAS 99⁹⁹



1 FOR 68⁹⁵
2 FOR 100⁰⁰
SAVE 37⁹⁰

Sensodyne
Pronamel
Toothpaste
75ml**



15%*
OFF
Andolex-C Anti-Bacterial
Mouthwash 200ml

89²¹
WAS 104⁹⁵



1L
VALUE
PACK

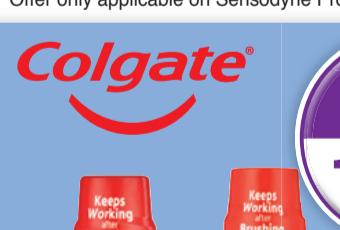


Listerine
Zero
Mouthwash
Value Pack
1 litre
#156452
74⁹⁵
per pack
WAS 99⁹⁹

**Offer only applicable on Sensodyne Pronamel Toothpaste 75ml

*Advertised price already reflects discount

*Advertised prices already reflect discounts



2 FOR
110⁰⁰

Optic White
OR Plax
Mouthwash
500ml / Assorted



1 FOR 25⁹⁵
3 FOR 60⁰⁰
SAVE 17⁸⁵

Toothpaste
100ml / Assorted**

360°
Optic
White
Toothbrush
2-pack / Assorted
99⁹⁵
per pack
WAS 116⁹⁵

17⁰⁰*
per pack



**Offer excludes Colgate Triple Action range



1 FOR 71⁹⁵
2 FOR 120⁰⁰
SAVE 23⁹⁰

Optic White
Toothpaste
75ml / Assorted***



1 FOR 52⁹⁵
2 FOR 90⁰⁰
SAVE 15⁹⁰

Total 12
Toothpaste
75ml / Assorted

17⁰⁰*
per pack



*Advertised price already reflects discount



SMOOTH SAVINGS



Available to Dis-Chem Health policyholders
20% OFF
Look out for the **extra** icon in-store or online to identify qualifying products

INSTANT DISCOUNTS

Exclusive to Benefit Card holders.

Sign up in-store, online (dischem.co.za) or WhatsApp "Hi" to 0860 347 243 and follow the easy steps.

INSTANT DISCOUNT
20% OFF

DOUP

5-in-1 Grooming Kit
#325990
• Waterproof
• Speed dual shaving heads
• Microfin skin guard protector

599⁹⁵
WITH CARD **479⁹⁶**

INSTANT DISCOUNT
20% OFF

Gillette Venus

Simply Venus Disposable Razors
5-pack #221554
62⁹⁵ per pack
WITH CARD **50³⁶** per pack

*Swipe your Dis-Chem Benefit Card to claim your Instant Discounts

Gillette

A CLOSE SHAVE THAT IS GENTLE ON YOUR SKIN

Gillette MACH3
4-pack

199⁹⁹
per pack

2+1 CHEAPEST FREE on Gillette Cartridges*

Gillette MACH3 TURBO
4-pack

334⁹⁵
per pack

Gillette MACH3 TURBO 3D Ball
4-pack

179⁹⁶
WAS **224⁹⁵**

Gillette Skinguard Sensitive Razors
Handle PLUS 2 Cartridges

207⁹⁶
WAS **259⁹⁵**

*Offer only applicable on the above Gillette cartridges

*Advertised prices already reflect discount

Gillette Venus

BUY ANY 1 GILLETTE VENUS BREEZE COMFORTGLIDE OR SENSITIVE SMOOTH CARTRIDGES 4-PACK
GET 60% OFF THE SECOND ONE

Venus Breeze
4-pack

356⁹⁵
per pack

Venus Smooth
4-pack

*Offer only applicable on the above Gillette Venus products. Discount to be deducted at tills

SEXUAL WELLBEING

durex

2+1 CHEAPEST FREE on ANY Durex products

durex Play Feel
200ml

durex Fetherlite
200ml

Intimate Touch Intimate Toy Cleaner
100ml #216271

83⁹⁶
WAS **104⁹⁵**

Intimate Touch Condoms
3-pack Assorted

29⁹⁵
per pack

*Advertised prices already reflect discount

Lovers+ Liquid Lube 2 in 1 Massage Gel
100ml

59⁹⁵
each

Lovers+ Smooth
12-pack Assorted

79⁹⁵
per pack

plusOne Toy Cleaning Wipes
12 towelettes #294562

169⁹⁵
per pack

Intimate Touch Toy Cleaning Wipes
12 towelettes #294562

169⁹⁵
per pack

*Advertised price already reflects discount

2+1 FREE on ANY NIVEA Men Shaving Foam AND Gel 200ml

NIVEA Men Shaving Foam 200ml / Assorted
48⁹⁵ each

20% OFF Schick products**

Schick Quattro Cartridges for Women
4-pack #15707
159⁹⁶ per pack

Schick Hydro 5 Sensitive Cartridges
4-pack #200321
283⁹⁶ per pack

**Offer only applicable on the above Schick products

15% OFF ALL HairGo products

HairGo Legs & Body Wax Strips
12-pack Assorted
63⁷¹
WAS **74⁹⁵**

HairGo Hair Removal Cream for Men
125ml
63⁷¹
WAS **74⁹⁵**

HairGo In Shower Hair Removal Cream
150ml / Assorted
116⁴¹
WAS **136⁹⁵**

BIC Miss Soleil
4T

52⁹⁵
per pack

BIC 3 Hybrid Razor PLUS Cartridges
8-pack Value Pack #72961
66⁹⁵
per pack

BIC Flex 5 Hybrid Razor PLUS Cartridges
5-pack Value Pack #216431
119⁹⁵
per pack

SAVE 30% OFF Veet In Shower Hair Removal Cream 150ml / Assorted
119⁹⁹
WAS **149⁹⁹**

*Advertised prices already reflect discounts

Dis-Chem
PHARMACIES



FEMININE HYGIENE

always

Comfort Protect Daily Liners
20-pack

22⁹⁹
per pack

Ultra Thin Pads

10 Normal

26⁹⁹
per pack

Maxi Thick Pads Value Pack

18 Long

46⁹⁹
per pack



2+1
CHEAPEST
FREE
on ANY Always products



VALUE
PACK



TAMPAX

**10%*
OFF**
Tampax
products**

Tampons

20 Super

20 Regular

#93759/#90926

60²⁶
per pack

WAS 66⁹⁵

*Advertised price already reflects discount

**Offer only applicable on the above Tampax products

GYNAGUARD
Feminine Hygiene Mastered

**SAVE
5⁰⁰***

**SAVE
10⁰⁰***



Teen
Intimate
Body Wash
250ml
Assorted

89⁹⁵

WAS 99⁹⁵

pH Balanced
Foam Bath
475ml
Assorted

89⁹⁵

WAS 94⁹⁵

**SAVE
10⁰⁰***

Essential
OR Ultimate
Intimate Wash
140ml / Assorted

79⁹⁵

each

Essential
Daily Comfort
Intimate Wash
450ml / Assorted

149⁹⁵

each

WAS 159⁹⁵

kotex



Everyday
Pantyliners
20-pack / Assorted

18⁹⁵
per pack



Daily Protect
Long Pantyliners
16-pack

21⁹⁵
per pack



Daily Protect
Pantyliners
40-pack
Assorted

32⁹⁵
per pack



Young Maxi
Pads
8 Super

22⁹⁵
per pack

Ultra Thin Pads
with Wings
10 Normal
8 Super

27⁹⁵
per pack

1 FOR 29⁹⁵
2 FOR 45⁰⁰
SAVE 14⁹⁰



Libresse
V-Protection Ultra+ Pads
10 Ultra Normal
8 Ultra Long+
8 Ultra Goodnight

1 FOR 32⁹⁵
2 FOR 50⁰⁰
SAVE 15⁹⁰



Libresse
Dailies Fresh Regular
Pantyliners Duo Pack
Scented
OR Unscented
40-pack / Assorted

lil-lets



Lil-Lets
Smartfit
Everyday Freshness
Pantyliners
Scented OR Unscented
100-pack / Assorted

34⁹⁵
per pack

WAS 42⁹⁹

*Advertised prices already reflect discounts

lifree



Powerful
Slim Pants
9 Extra Large
10 Large
11 Medium

125⁹⁶

per pack

WAS 139⁹⁵



Ultra Slim
Pants
9 Large
10 Medium

116⁹⁶

per pack

WAS 129⁹⁵

Ultra
Slim Pants
9 Extra Large

121⁹⁶

per pack

WAS 134⁹⁵

INCONTINENCE CARE

SOFTI



Premium
Adult Pads
14 Mini
#72109

29⁹⁵
per pack



Premium
Adult Ultra
Slips
18 Small
14 Medium
12 Large
10 Extra Large
149⁹⁵
per pack



Premium Adult Linen
Savers Standard
20-pack
#120162

79⁹⁵
per pack

Premium Adult
Linen Savers XL
20-pack
#14995

119⁹⁵
per pack

Premium Disposable
Adult Washcloths
48 wipes
#182382

42⁹⁵
per pack

Premium
Adult Pants
14 Small
#98468

199⁹⁵
per pack

Premium
Adult Pants
14 Medium
#85047

219⁹⁵
per pack

Premium
Adult Pants
14 Large
#85048

269⁹⁵
per pack

Premium
Adult Pants
14 Extra Large
#86089

309⁹⁵
per pack



Premium
Adult Pants
14 Extra Large
#86089

309⁹⁵
per pack



HOUSEHOLD ESSENTIALS



Available to Dis-Chem Health policyholders
Look out for the extra icon in-store or online
to identify qualifying products

1 FOR 47⁹⁵
3 FOR 85⁰⁰
SAVE 58⁸⁵

Sta-Soft
Dilutable Concentrated
Refill Pack
500ml / Assorted

1 FOR 78⁹⁵
2 FOR 110⁰⁰
SAVE 47⁹⁰

Sta-Soft
Ready to Use
Ultra Concentrate
Fabric Conditioner
1 litre / Assorted

1 FOR 46⁹⁵
2 FOR 70⁰⁰
SAVE 23⁹⁰

Comfort
Fabric Conditioner
Refill Value Pack
800ml / Assorted

1 FOR 22⁹⁵
3 FOR 60⁰⁰
SAVE 8⁸⁵

Sunlight
Laundry Bar Soap
500g
#160247

10 days of Freshness
SAVE 25⁰⁰ each

Ariel
Auto Washing
Powder 2kg
OR 3in1
Capsules
14-pack
OR
Washing Liquid
1.5 litres / Assorted

84⁹⁵
WAS 109⁹⁵

SAVE 18⁰⁰*

skip
INTELLIGENT
SCIENTIFICALLY FORMULATED
ANTI-AGEING*
DETERGENT

79⁹⁵
WAS 97⁹⁵

1 FOR 44⁹⁵
2 FOR 55⁰⁰
SAVE 34⁹⁰

Home Butler
Dishwashing
Liquid
1.5 litres
#205494003

*Advertised prices already reflect discounts

1 FOR 49⁹⁵
2 FOR 75⁰⁰
SAVE 24⁹⁰

Handy Andy
Trigger Spray
500ml / Assorted

1 FOR 32⁹⁵
2 FOR 50⁰⁰
SAVE 15⁹⁰

Handy Andy
Cream
750ml / Assorted

SAVE 15⁰⁰ each

Domestos
Thick Bleach
750ml / Assorted

29⁹⁵
each
WAS 44⁹⁵

SAVE 8⁰⁰ each

Harpic
Active
Cleaning Gel
OR
Thick Bleach
750ml / Assorted

29⁹⁹
each
WAS 37⁹⁹

*Advertised prices already reflect discounts

SAVE 25⁰⁰ each

Airwick
Air Freshener
Automatic
Spray Refill
Assorted

74⁹⁵
each
WAS 99⁹⁹

SAVE 18⁰⁰ per pack

Baby Soft
2 Ply Toilet
Paper
18-pack
#39756

129⁹⁵
per pack
WAS 147⁹⁵

INSECT REPELLENTS

SAVE 11⁰⁰ each

Doom
Insect Repellent
Aerosol
300ml / Assorted**

32⁹⁵
each
WAS 43⁹⁵

SAVE 15⁰⁰ each

Peaceful Sleep
Mosquito
Room Spray
Value Size
300ml
#327050

56⁹⁵
each
WAS 71⁹⁵

SAVE 26⁰⁰ each

Peaceful Sleep
Insect
Repellent
Aerosol
150g
#3978

73⁹⁹
each
WAS 99⁹⁹

SAVE 11⁰⁰ each

Peaceful Sleep
Insect
Repellent
Stick
30g
#3979

38⁹⁵
each
WAS 49⁹⁵

*Advertised prices already reflect discounts

**Offer excludes Doom Mosquito Room Spray and GermKill Insecticide Spray

*Advertised prices already reflect discounts



ALL ABOUT BABIES & TOTS



Available to Dis-Chem Health policyholders
Look out for the extra icon in-store or online
to identify qualifying products

BATHING BABY

Johnson's
CHOOSE gentle™



*Advertised price already reflects discount

PURITY

Elizabeth Anne's

2+1 CHEAPEST FREE
on Purity & Elizabeth Anne's toiletry products*



*Offer excludes Purity food range



*Offer excludes Himalaya vitamins products

Cherubs Sensitive Fragrance Free OR Lightly Fragranced Baby Wipes 72 wipes **22⁹⁹** each WAS **29⁹⁹**



CHANGING BABY

Pampers



*Advertised price already reflects discount

BabyThings



HUGGIES
HUGGIES
extra care
our perfect skin protection



HUGGIES



Buy 2 Jumbo Packs of Huggies® Gold Pants and get a

FREE*

Disney plushie toy at the till



*While Stocks Last.
Offer exclusive to Dis-Chem.



FEEDING BABY

PURITY



6 Months
80ml / Assorted*



7 Months
125ml / Assorted*



8 Months
200ml / Assorted*



10 Months
250ml / Assorted*



Pouches
110ml / Assorted*

*Offer excludes Purity Organic range

Cream of
Maize Baby's
Soft Porridge
400g / Assorted

19,99
WAS 24,99



Baby Cereal
Mix with Water
(Stages 1-3)

31,99

Baby
Cereal Mix
with Baby's Milk
(Stages 1-3)
200g / Assorted

19,99



Instant Baby
Maize Porridge
500g / Assorted

24,99

WAS 29,99



Junior!
Instant Oats
8 x 35g
Assorted

29,95

WAS 39,99

Nestlé



Nido 3+
Powdered
Drink
900g
#191434

176,99



Nestum
Baby Cereal
(Just Add Milk)
250g / Assorted

26,99



Cerelac Baby
Cereal with Milk
(Just Add Water)
250g / Assorted

39,99

CHILDREN'S HEALTH



**SAVE
5,00***



**SAVE
15,00***

Telament
Paediatric
Gripe Water
150ml
#4821

34,99
WAS 39,99

Telament
Paediatric
Colic Drops
30ml
#5086

124,99
WAS 139,99



**SAVE
2,00***

Muthi
Wenyoni
Antacid
100ml
#5187

32,99
WAS 34,99



**SAVE
14,00***

Phipp's
Milk of
Magnesia
100ml
#4212

56,99
WAS 70,99

*Advertised prices already reflect discounts

- funded by leading medical schemes
- around the clock access for 18 months
- over 50 videos presented by medical professionals
- live zoom class with a midwife and lactation consultant

BellyBabies
Online Antenatal Course

Belly Babies & Dis-Chem bring you an

ONLINE ANTENATAL COURSE

created by medical professionals
and antenatal experts

To find out more visit
www.bellybabies.co.za

**REGISTER
TODAY**



babycity
Dis-Chem

Dis-Chem
PHARMACIES

MOM & BABY ESSENTIALS

**tommee
tippee**

Ultra Light
Silicone
Soother
2-piece

0-6 months
#324727001

6-18 months
#324727002

119,99
WAS 169,99

**SAVE
50,00***



**SAVE
40,00***



Feeding
Bowl
with Spoon
and Lid
#110088

109,99
WAS 149,99

**Easigrip
Self Feeding
Spoons
5-pack**
#328059

89,99
WAS 129,99

**Made for Me
Double Electric
Breast Pump**

- Easy clean & assembly
- Lightweight & slimline
- USB rechargeable
- 5 massage modes
- 9 express modes

2199,99
WAS 2999,99

*Advertised prices already reflect discounts

nanobébé



**Breastmilk
Storage Bags
& Organizer
25-piece**
#335633

279,99
WAS 299,99



Microwave Sterilizer

- Safe rubber handles
- Hygienic contents
- Universal: fits most microwaves and bottles

499,99
WAS 599,99

199,99
WAS 229,99



**Nursing
Pads
60 contour pads**
#335626

149,99
WAS 229,99

*Advertised prices already reflect discounts
Nanobébé only available at selected stores

Dis-Chem

PHARMACIES

13 April - 14 May 2023



Jean Paul Gaultier
Classique

EDT 100ml

#151882

2285⁰⁰

Clinique
Aromatics
Elixir

EDP 100ml

#160786

1875⁰⁰

Issey Miyake
L'eau d'Issey

EDT 100ml

#151825

1895⁰⁰

Jeanne Arthes
Romantic

EDP 100ml

#161838

259⁹⁵



BVLGARI
Omnia Crystalline

EDT 65ml

#151767

1885⁰⁰



Baylis & Harding
Royale Garden
Luxury Hand
Treats Set

3 x 50ml

#336088

**175⁰⁰
per set**

Baylis & Harding
Royale Garden
Luxury Manicure Set

Hand Cream 50ml

Mineral Salt 70g

Nail File

#289386

**175⁰⁰
per set**



Circa
Liquidless Diffuser
Ceramic Arc Set
PLUS 2 x Liquidless
Scent Stem Refill
Packs
#416063

**799⁰⁰
per set**



Heat Holders
Super Plush Throw
Assorted

499⁹⁵



Gear
Ladies' Slippers

Assorted sizes,
colours and styles
FROM

**179⁹⁵
per pair**



Contents

Need a GIFT IDEA FOR MOM?

Treat her to the finest fragrances,
luxury bath & body sets,
warm and cosy winter snuggles
and delectable treats.

Shop online at dischem.co.za

4-5 *Fragrances*

6-7 *Bath Gift Sets*

8 *Winter Warmers & Confectionery*

9 *Electrical Gifts*

10 *Colour Cosmetics & Organisers*

11 *Dermo Face Care & Clean Beauty*

12-13 *Everyday Face Care*

14 *Bath & Body Spoils*

Give Mom
the gift of choice
this Mother's Day

with a **Dis-Chem Gift Card**, available in-store or online at dischem.co.za



Happy Mother's Day

Sunday
14 May

DELIVERED IN
60
MINUTES

Make Mom feel special this Mother's Day with DeliverD

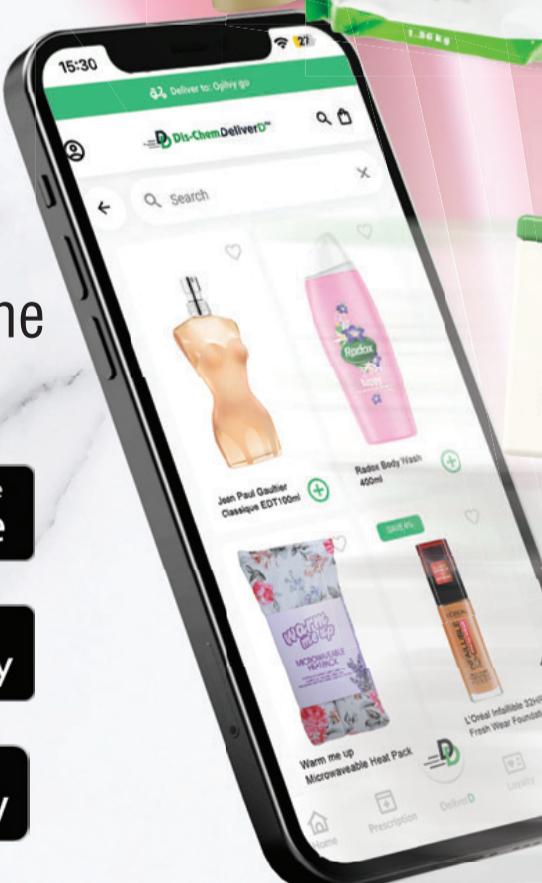


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App today!

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App Store

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Google Play

EXPLORE IT ON
AppGallery



Benefit Card holders earn cashback each time they shop via the **Dis-Chem DeliverD** app

Her Favourite *Fragrances*



Guess
Bella Vita Gift Set
EDP 100ml
PLUS Travel Spray EDP 15ml
AND Cosmetic Pouch
#327529

1225⁰⁰
per set



Carolina Herrera
212 VIP Rosé
Gift Set
EDP 80ml
PLUS Body
Lotion 100ml
AND Travel
Spray EDP 15ml
#388411

2130⁰⁰
per set



Kate Spade
New York
Gift Set
EDP 100ml
PLUS Body
Lotion 100ml
AND Body
Travel Spray
EDP 7.5ml
#334998

1330⁰⁰
per set



Issey Miyake
L'eau d'Issey
Gift Set
EDT 100ml
PLUS EDT 10ml
AND Body Lotion
50ml
#225467

1895⁰⁰
per set



DKNY
Be Delicious
Gift Set
EDP 100ml
PLUS
EDP 30ml
#221035

1795⁰⁰
per set



Paco Rabanne
Olympéa Flora
EDP 80ml
#426931

2455⁰⁰

Coach
Dreams
Sunset
EDP 90ml
#331572

1695⁰⁰

Elie Saab
Elixir Eau
de Parfum
100ml
#427057

2555⁰⁰

Jimmy Choo
I Want Choo Forever
EDP 100ml
#412884

1895⁰⁰



Elizabeth Taylor
White Diamonds
Gift Set
EDT 100ml
PLUS
Travel Spray
EDT 15ml
#203634

925⁰⁰
per set

Elizabeth Arden
Red Door
Gift Set
EDT 100ml
PLUS EDT 15ml
#203633

925⁰⁰
per set



Elizabeth Arden
White Tea
Gift Set
EDT 100ml
PLUS
EDT 15ml
#211049

995⁰⁰
per set

Elizabeth Arden
Provocative
Woman Gift Set
EDT 100ml
PLUS
EDT 15ml
#294103

795⁰⁰
per set



Elizabeth Arden
Fine Fragrance
Mist
236ml / Assorted
265⁰⁰
each

Lenthéric
I \heartsuit Playful
EDP 50ml
Assorted
195⁰⁰



FREE
Lenthéric
I \heartsuit Deodorant
90ml valued at 31⁹⁵
when you purchase
ANY Lenthéric
I \heartsuit EDP 50ml



See in-store for more Mother's Day fragrance offers

Under 300

Estée Lauder
Pleasures
EDP 100ml
#146607
2195⁰⁰

Givenchy
Amarige
EDT 100ml
#336499
2295⁰⁰

20% OFF

ALL
Mercedes-Benz
Woman AND
Pop Edition
EDP 60ml
fragrances

Mercedes-Benz
Woman
EDP 60ml
#328485
1196⁰⁰
WAS 1495⁰⁰



*Advertised price already
reflects discount



Paco Rabanne
Lady Million
EDP 80ml
#82455
2285⁰⁰



Montblanc Signature
EDP 90ml
#292680
1315⁰⁰

Yves Saint Laurent
Opium
EDP 90ml
#75554
2395⁰⁰



Monteil
Royal Secret
Gift Set
Spray
Concentrate
100ml
565⁰⁰
per set
PLUS Spray
Concentrate
15ml
#116127

Yardley
Gorgeous Gift
Set
EDP 50ml
515⁰⁰
per set
PLUS
Hand Cream 75ml
AND Vanity Bag



Coty
eX'cla•ma'tion
Gift Set
Cologne 100ml
425⁰⁰
per set
PLUS Cologne 15ml

Lenthéric
Panache Gift Set
EDT 100ml
349⁹⁵
per set
PLUS EDT 15ml
#389785



Coty
eX'cla•ma'tion
Fragranced Body & Hair Mist
220ml / Assorted
149⁹⁵
each
WAS 175⁰⁰



Christina Aguilera
Fine Fragrance
Mist
236ml
#205383
245⁰⁰

20% OFF

ALL
Adidas EDP
AND EDT
fragrances



Adidas
EDT 50ml / Assorted
180⁰⁰
each
WAS 225⁰⁰



Reebok
Move Your Spirit
OR Inspire Your Mind
EDT 100ml
#423902/3
225⁰⁰
each

*Advertised price already reflects discount



Jeanne Arthes
Boum Green
Tea Cherry
Blossom
EDT 100ml
#113017
249⁰⁰

Revlon
Pink
Happiness
EDT 50ml / Assorted
295⁰⁰
each

Under 500

Exclusive to
Dis-Chem



Zoe
EDP 100ml
#216521
345⁰⁰

4711.
Original Eau
De Cologne
Natural Spray
90ml
#18026
395⁰⁰

Naomi
Campbell
Here to Stay
EDT 30ml
#417123
495⁰⁰

Elizabeth
Arden
Blue Grass
EDP 100ml
#28391
495⁰⁰

Under 800



Jennifer Lopez
One
EDP 30ml
#417108
655⁰⁰

eau'D
EDP 100ml
Assorted
795⁰⁰
each

See in-store for more Mother's Day fragrance offers

Dis-Chem
PHARMACIES

Indulgent Me Time

Exclusive to Dis-Chem



BAYLIS & HARDING
ENGLAND



SWEET MANDARIN & GRAPEFRUIT

Pampering Hand Caddy

Hand Wash 500ml
Hand Lotion 500ml
#134386

189⁰⁰
per set



Verbena hand cream 50ml x 2,
Chamomile hand cream 50ml x 1

ROYALE GARDEN

Luxury Hand Cream Set
3 x 50ml
#289691

175⁰⁰
per set



Rose, Poppy & Vanilla Hand Wash
500ml
#289783

89⁹⁵



Hand cream 50ml x 3

JOJOBA, VANILLA & ALMOND OIL

Pampering Hand Cream Set
3 x 50ml
#334450

175⁰⁰
per set

Bath Fizzers
3 x Bath Fizzers
#289471

195⁰⁰
per set

NATURE'S NOURISHMENT

SWEET MANDARIN & GRAPEFRUIT



Bath Gift Set

3-piece
Shower Gel 210ml
Body Scrub 200ml
Body Lotion 200ml
#389647

159⁹⁵
per set

Pampering Bath Gift Set

6-piece
Body Scrub 130ml
Body Lotion 130ml
Bath Salts 130g
#389691

339⁹⁵
per set

CRANBERRY

Body Care Gift Set

3-piece
Body Scrub 60ml
Body Butter 60ml
Body Lotion 60ml
#389745

159⁹⁵
per set

Bath Gift Set

5-piece
Shower Gel 100ml
Body Lotion 50ml
Body Scrub 50ml
Bubble Bath 100ml
Toiletry Bag #389751

239⁹⁵
per set



SWEETPEA & SAGEMINT

Pampering Bath Gift Set

5-piece
Shower Gel 100ml
Body Scrub 125ml
Body Lotion 100ml
Body Brush #327919

189⁹⁵
per set

Revitalising Bath Gift Set

5-piece
Shower Gel 100ml
Body Scrub 125ml
Body Lotion 100ml
Body Brush #327919

319⁹⁵
per set



Nature's Edition

ENERGISE

Boost and refresh your mind and body with our new **Energise** range! A citrus blend of sweet orange and mimosa essential oils are not only a treat for the senses but the unique blend of essential oils will help you recharge and revitalise and help you cope with whatever challenges you may face.



Perk-Me-Up Pamper Pack
4-piece
112⁹⁵
per set

Exfoliating Shower Cream
250ml
49⁹⁵

Exfoliating Hand Wash
250ml
49⁹⁵

Spa Jar
4-piece
132⁹⁵

Revitalising Bath Oil
250ml
98⁹⁵



Scrub 60ml
Soak 80g, Shower Cream 60ml, Hand Cream 60ml



SLEEP

Create your own at-home spa with our **Sleep** range – the luxurious blend of lavender and chamomile essential oils will help you relax, de-stress and prepare you for a good night's rest.



2+1 FREE

on ANY
Nesti Dante
Fragrance
Soap Bar
250g

Fragrance Soap Bars
250g
Assorted
68⁹⁵
each



Hand & Face Soap
500ml / Assorted
149⁹⁵
each
WAS 159⁹⁵



Exclusive to
Dis-Chem

Crème Body Wash
700ml
Assorted
63⁹⁶
WAS 79⁹⁵

Mineral Bath Soak
700g
Assorted
71⁹⁶
WAS 89⁹⁵



Crème Body Wash
700ml
Assorted
63⁹⁶
WAS 79⁹⁵

Mineral Bath Soak
700g
Assorted
71⁹⁶
WAS 89⁹⁵



20% OFF

Good Stuff
The Spaah
Collection
Bath & Body
products**



Pillow & Body Mist
100ml
#165026
27⁹⁶
WAS 34⁹⁵

*Advertised prices already reflect discount
**Offer excludes Good Stuff The Spaah Collection Gift Sets

Exclusive to Dis-Chem



Relax at home with tranquil hints of Moroccan Spice, Madagascan Vanilla, Egyptian Cotton and other iconic African scents from Serengeti Home Fragrances.

Reed Diffuser
200ml
PLUS
5 x Reed Sticks
Assorted
249⁰⁰
each



new



WOODS OF WINDSOR

ENGLAND ESTD 1970

NATURALLY
DERIVED INGREDIENTS
98%



**30%*
OFF**

ALL Woods
of Windsor
products



Moisturising
Body Lotion
250ml
Assorted

105⁰⁰
WAS 150⁰⁰

Luxury Soap
3 x 60g
Assorted
112⁰⁰
WAS 160⁰⁰

*Advertised prices already reflect discount

Moisturising
Bath &
Shower Gel
250ml
Assorted
112⁰⁰
WAS 160⁰⁰

Moisturising
Hand Wash
350ml
Assorted
87⁵⁰
WAS 125⁰⁰



Moisturising Body Lotion

250ml

Assorted

90

96

98

99

100

105⁰⁰

WAS 150⁰⁰

112⁰⁰

WAS 160⁰⁰

Moisturising Body Lotion

250ml

Assorted

105⁰⁰

WAS 150⁰⁰

Luxury Soap

3 x 60g

Assorted

112⁰⁰

WAS 160⁰⁰

CIRCA

Available at selected stores
& online



Our uncomplicated scents can warm a room or brighten your mood. Now, with an elegant new look, CIRCA adds even more sophisticated style to your space.

MADE IN
AUSTRALIA

Soy Candle
350g
Assorted
699⁰⁰
each

Liquid Diffuser
250ml
PLUS 5 x Reed
Sticks
799⁰⁰
per set



Nature's Nourishment
Reed Diffuser **PLUS**
4 x Reed Sticks
100ml / Assorted
119⁹⁵



Dr Teal's
Aromatherapy
Stress Relief Spray
177ml / Assorted
164⁹⁵

Dr Teal's
Aromatherapy
Candle
170g / Assorted
209⁹⁵

Nature's Edition

FLORAL
GRACE



Pamper
Basket Gift Set
4-piece
119⁹⁵
per set



Hand Cream
In Box
50ml
37⁹⁵

Foam Bath
250ml
89⁹⁵

Hanging Wardrobe
Scented Sachet
1-piece / Assorted
17⁹⁵
each



SCENTED WARDROBE SACHETS



Wardrobe Scented
Sachet Set
4 x 10g / Assorted
25⁰⁰
each



Body
Wash 175ml,
Luxury Soap 80g,
Hand Lotion 175ml,
Loofah

Bee Natural
Treat Tin &
Bath Salts
300g
179⁹⁵
per set

Bee Natural
Luxury Set
4-piece
145⁹⁵
per set

Rock 'n Rooibos
Bath Bombs
Gift Set
4-piece
89⁹⁵
per set

**2+1
CHEAPEST
FREE**

on ANY
Good Stuff
Bath
Gift Sets



Symphony
Reed Diffuser
PLUS
5 x Reed Sticks
200ml
Assorted
139⁹⁵
each



Scented Oils
10ml
Assorted
49⁹⁵
each

Ceramic
Oil Burner
74⁹⁵

Dis-Chem
PHARMACIES

Show Mom She's the Best

slipper day
reach for a dream*

5th May 2023

STEP UP & SUPPORT SLIPPER DAY

Buy your R20 sticker at a Dis-Chem near you to help kids fighting life-threatening illnesses reach their dreams.

Dis-Chem PHARMACIES

baby city

Dis-Chem Foundation
Caring for the Community

Wear your slippers and your sticker on 5th May to redeem your FREE Famous Coffee at Wimpy.

*Reach for a Dream excludes Namibia & Botswana. Valid until 5 May 2023

Warm Me Up Hot Water Bottle with Cover 2 litres / Assorted 159⁹⁵ each

Exclusive to Dis-Chem

Warm Me Up Microwaveable Heat Pack Assorted 149⁹⁵ each

Adult Sheepskin Slippers Assorted sizes 799⁹⁵ per pair

Warm Me Up Feet Warmer Assorted colours and characters 239⁹⁵

Heat Holders Mum OR Grandma Socks One size / Assorted 139⁹⁵ per pair

Sweeten Her Day

**1 FOR 72⁹⁵
2 FOR 115⁰⁰
SAVE 30⁹⁰**

1 Wedgewood Honey Nougat Share Packs 120g/140g Assorted 29⁹⁵ each WAS 34⁹⁵

2 Cadbury Dairy Milk Chocolate 150g / Assorted 42⁹⁵

3 Cadbury Dairy Milk Little Bars 6-pack / 108g #423719 64⁹⁵ WAS 89⁹⁵

4 Nestlé Passions 300g #43829 54⁹⁵ each WAS 64⁹⁵

5 Lindt Excellence Chocolate 100g / Assorted 109⁹⁵ each WAS 154⁹⁵

6 Lindt Lindor Cornet 200g / Assorted 109⁹⁵ each WAS 154⁹⁵

7 Britannia Butter OR Danish Cookies Tin 400g / Assorted 89⁹⁵ each WAS 114⁹⁵

8 Toblerone 360g Assorted 99⁹⁵ WAS 124⁹⁵

9 Daim Chocolate Bars 3-pack / 84g 42⁹⁵

10 Valor Creamy Dark Chocolate 100g Assorted 34⁹⁵ each WAS 44⁹⁵

11 Nestlé KitKat Mini Bag OR Tex Mini Bag 180g/182g Assorted 34⁹⁵ each WAS 42⁹⁵

Give Mom the gift of choice
this Mother's Day

with a **Dis-Chem Gift Card**, available in-store or online at dischem.co.za



Pampering Time for Mom



DQuip

Exclusive to
Dis-Chem



Hair Dryer 2200W
#385275

- 3 x temperature settings
- Concentrating nozzle
- Ionic tourmaline technology
- Powerful DC motor
- Fast dry

299⁹⁵

Hair Curler

- Heat setting up to 180°C
- Advanced ceramic coating
- Fast heat up

299⁹⁵

CARMEN

**SAVE
200⁰⁰***



**Infiniti Pro Extreme
2000W Hair Dryer**

#417033

- 3 x heat settings
- 3 x speed settings
- Oxy-Active technology
- Self-cleaning function

1599⁹⁵

WAS 1799⁹⁵

**Wet 'n Dry
Straightener Black**

#66123

- Wet & dry hair use
- Lock system
- Thumb grip – ergonomic design
- Tangle-free swivel cord
- 2m power cord
- On indicator light
- On/off switch
- Also available in pink

149⁹⁵

WAS 169⁹⁵

**SAVE
20⁰⁰***



Ionic 2400W Hair Dryer

#173560

- Powerful 2400W motor
- Cool shot function plus 2 x speed & 3 x heat settings
- Convenient hanging loop
- Narrow styling nozzle
- Ionic technology ensures sleek hair and reduces static charge

329⁹⁵

WAS 369⁹⁵

*Advertised prices already reflect discounts

nickyclarke

Exclusive to
Dis-Chem



**Hair Therapy
Curling Tong**

#412717

729⁹⁵

**Hair Therapy
Wide Plate
Straightener**

#412716

799⁹⁵

**Hair Therapy
Diffuser Dryer
2200W**

#412712

849⁹⁵

**Hair Therapy
Dryer
2000W**

#412719

799⁹⁵

**Hair Therapy
Straightener**

#412715

779⁹⁵

**Frizz Control
Volumiser 600W**

#412718

599⁹⁵

WAHL
HOME PRODUCTS

**SAVE
100⁰⁰***



**Cutek Professional
2000W Hair Dryer**

#99018

- A powerful 2000W AC motor
- Ergonomic design provides perfect balance and easy use

399⁹⁵

WAS 499⁹⁵

**SAVE
100⁰⁰***



**Cutek Advanced Professional
Ceramic Hair Straightener**

#108832

- 60-second heat-up time
- Cool-Touch for easy handling
- 2.8m professional swivel cord with hanging loop for easy storage

399⁹⁵

WAS 499⁹⁵

Exclusive to
Dis-Chem

DQuip

**SAVE
100⁰⁰***



DQuip Bikini Shaver

#412341

- Rotary switch
- High speed motor
- Includes a pouch
- 30-minute run-time

499⁹⁵

WAS 599⁹⁵

**SAVE
150⁰⁰***



DQuip Epilator

#389740

- 45-minute run-time
- Includes additional bikini shaver
- Rechargeable

749⁹⁵

WAS 899⁹⁵

**Luxurious Massage
Foot Spa**

#405185

- 4 x massage rollers
- Easy drainage
- Selector switch
- Detachable splash cover

449⁹⁵

WAS 549⁹⁵

*Advertised prices already reflect discounts

TRESemmé
USED BY PROFESSIONALS

Exclusive to
Dis-Chem



**Salon
Professional Smooth
Power Hair Dryer
2000W**

#149651

- Ionic to fight frizz
- 2 x heat settings for drying control
- 2 x speed settings
- 2.5m cord

499⁹⁵

WAS 549⁹⁵

**Dis-Chem
PHARMACIES**

Her Secret to Glowing Skin



Available to Dis-Chem Health policyholders
20% OFF

Look out for the extra icon in-store or online to identify qualifying products



**20%*
OFF**
ALL
BioNike
Defence My
Age, My Age
Gold, Skinergy
AND Xage
products

Defence Skinergy
Reactivating
Concentrated
Ampoules
60 single-dose
ampoules
412⁰⁰
WAS 515⁰⁰



*Advertised prices already reflect discount

Exclusive to Dis-Chem

PAYOT
PARIS

Defence My Age Gold
Rich Fortifying
Cream
50ml
420⁰⁰
WAS 525⁰⁰
Defence My Age
Renewing
Eyes & Lips Serum
15ml
292⁰⁰
WAS 365⁰⁰

Deodorant
Spray 125ml
#294483
295⁰⁰

Huile Élixir
Enhancing
Nourishing Oil
100ml
#294484
629⁰⁰
Cleansing
Foaming Wash
400ml
#294503
479⁰⁰



FREE

PAYOT Mini Crème Mains
Velours 30ml valued at 120⁰⁰
when you purchase ANY PAYOT
body products to the value of
595⁰⁰ OR more



Nutri Women
dermaceutics

Exclusive to
Dis-Chem

**50%*
OFF**

your second
Nutri Women
Serum when
you purchase
ANY TWO Nutri
Women Serums
30ml

Total Glow
Vitamin C
Serum
30ml
#331876
OR
Cell Age
Skin Rejuv
Repair
Serum
30ml
#1331896
455⁰⁰
each

Laserlift
Collagen
Serum
30ml
#335436
415⁰⁰

*Discount to be deducted at tills

CLARINS



Double Serum &
Nutri-Lumiére Set
Double Serum 50ml
Nutri-Lumiére Day Cream 15ml
Nutri-Lumiére Night Cream 15ml
Double Serum Eye Serum 0.9ml
#327589
1485⁰⁰
per pack

435⁰⁰
per pack



Wonder Perfect
4D Mascara Set
Wonder Perfect 4D
Mascara 7ml
Eau Micellaire 10ml
Instant Lip Perfector 5ml
#327659
435⁰⁰
per pack

Dermactin-TS

INTENSIVE
SKIN CARE

A collection of intensive skin-care
products that deliver the ultimate in
skin-care rejuvenation and hydration.

Exclusive to
Dis-Chem

FREE

Dermactin-TS Cleanser of
your choice valued at 129⁹⁵
when you purchase ANY
Dermactin-TS product to the
value of 399⁰⁰ OR more



Clean Beauty

TRANSFORM YOUR BEAUTY ROUTINE WITH CLEAN PRODUCTS
THAT ARE SAFE FOR YOU AND THE PLANET...

mineraline®
ENRICHED WITH DEAD SEA MINERALS

Exclusive to
Dis-Chem

Time It!
Day Cream
50ml
#51678
349⁰⁰

Time It!
Serum
50ml
#51681
359⁰⁰



*Mineraline Hand & Body Lotion 400ml of your choice

FREE

Mineraline Hand & Body Lotion
400ml of your choice* when you
purchase ANY Mineraline product
to the value of 699⁰⁰ OR more



TEAOLOGY
TEA INFUSION SKINCARE®
0% WATER 100% TEA INFUSION

Available at selected stores & online

Tea-infused skin care. Our range of skin care
uses 100% real organic tea infusion instead
of water in our skin-care formulas. All our
formulas are vegan, cruelty free and clean,
using 95-100% natural ingredients.

White Tea
Miracle Anti-Age
Cream
50ml
#387051

1250⁰⁰

Matcha Tea
Superfood
Mask
30ml
Assorted
140⁰⁰



499⁰⁰

FREE

Teaology Discovery Set*
valued at 1100⁰⁰ when you
purchase ANY Teaology
products to the value of
650⁰⁰ OR more



SKOON.®

Available at selected stores
& online

**30%*
OFF**

When you
purchase ANY
TWO SKOON.
moisturiser
50ml AND
serum 15ml



The One
Ultra Hydrating
Face Moisturiser
50ml
577⁴⁷
WAS 824⁹⁵

Wow-Wow
Wonder
3-Hyaluron
+ C Serum
15ml
384⁹⁷
WAS 549⁹⁵

*Discount to be deducted at tills

**2+1
CHEAPEST
FREE**
on
Himalaya
products*

Face
Wash
150ml
103⁹⁵
each
Face Mask
75ml
94⁹⁵
each

*Offer excludes Himalaya Vitamins

Detoxifying
Charcoal



thebeautyworx™

thebeautyworx™ takes pride in sourcing quality ingredients
and developing advanced formulations in skin care,
hair care and cosmetics.

Exclusive to
Dis-Chem

Face Serum
30ml
Assorted
109⁹⁵
each



Dis-Chem
PHARMACIES



TRUST IN THE
Care OF NIVEA

NIVEA Perfect & Radiant Luminous

Anti Dark Marks Eye Treatment 15ml

164⁹⁹
WAS 329⁹⁹

Anti Dark Marks Advanced Treatment Serum 30ml

192⁵⁰
WAS 384⁹⁹

50% OFF

ALL NIVEA Perfect & Radiant Luminous face care products



WORLD'S
NO.1
ANTI DARK MARK SERUM...

NIVEA Luminous 630

Anti Dark Marks Triple Protection Day Cream SPF50 40ml
OR Night Cream 50ml

174⁹⁹
each
WAS 349⁹⁹



30% OFF

NIVEA Ladies' face care products**



NIVEA Lift Expert Cellular

**Based on Nielsen IQ, Market Track, Face Care Anti Spot Serum market analysis, Volume Sales in pack, May 2021 - April 2022

*Advertised prices already reflect discounts

**Offer excludes NIVEA Perfect & Radiant Luminous face care products

OLAY

NEW OLAY NIACINAMIDE +

Vitamin C

**2+1
CHEAPEST
FREE**

on ANY
OLAY
face care
products



Regenerist
Retinol 24
Night
Moisturiser
50g
519⁹⁵
each



Regenerist
Whip
Cream
50g
519⁹⁵
each



Eyes
Vitamin C
Eye Cream
15ml
519⁹⁹
each



Luminous
Niacinamide +
Vitamin C
Moisturiser
50g
519⁹⁹
each



Luminous
Niacinamide +
Vitamin C
Super Serum
30ml
519⁹⁹
each

new

CHRISTIAN LAURENT[®]

10% OFF

ALL
Christian
Laurent
face care
products



Exclusive to
Dis-Chem



BRIGHT HEALTHY RADIANCE



Brightness
Reveal
Creamy Cleanser
100g
179⁹⁵
each



Brightening
Comfort
Night Cream
50g
449⁹⁵
each

**2+1
CHEAPEST
FREE**

on ANY
Cetaphil
Bright Healthy
Radiance face
care products

IQ[®]
SOUTH AFRICAN
DERMATOLOGIST DEVELOPED

**2+1
CHEAPEST
FREE**

on ANY
IQ face
care
products



UltraRich
Advanced
Anti-Ageing
Day Cream
SPF15
50ml
249⁹⁹
each



Vitamin C
Serum
Shot
30ml
239⁹⁵
each



Face &
Body Daily
Defence
Sun Care
SPF50
100ml
149⁹⁹
each



DermaQuench
Anti-Ageing
Cream
Cleanser
195ml
124⁹⁹
each

endocil

30% OFF

ALL
Endocil
face care
products



Foaming
Face Gel
150ml
90⁹⁶
WAS 129⁹⁵



Retinol
Anti-Wrinkle
Treatment
Crème
50ml
181⁹⁶
WAS 259⁹⁵



Eye
Make-Up
Remover
125ml
101⁴⁶
WAS 144⁹⁵

*Advertised prices already reflect discount

Exclusive to
Dis-Chem



20% OFF

ALL
Garnier Even & Matte AND Pure Active products

Pure Active
3 in 1 CHARCOAL
1 PRODUCT 3 USES:

1. WASH
2. SCRUB
3. MASK

3 in 1 Clay
Wash,
Scrub & Mask
150ml

112⁰⁰
WAS 140⁰⁰

3 in 1 Charcoal
Wash, Scrub
& Mask
150ml

112⁰⁰
WAS 140⁰⁰

GOOD STUFF[®]

nature
nurture
EXFOLIATING SCRUB

Agave, Honey & Green Tea
Exfoliating Scrub
150ml

66³⁶
WAS 82⁹⁵

20% OFF

ALL
Good Stuff
face care
products



Bee Natural
Day Cream
SPF15
50ml
92⁷⁶
WAS 115⁹⁵



Exxtra Care
& Repair
Intense
Beauty Serum
30ml
116⁷⁶
WAS 145⁹⁵



Exxtra Care
& Repair
Night Cream
50ml
141⁵⁶
WAS 176⁹⁵

*Advertised prices already reflect discount

GARNIER | COMMITTED TO
GREEN BEAUTY

Cruelty Free
INTERNATIONAL

100% RECYCLED
PLASTIC

find out more on
africa.garnier.com



Exclusive to Dis-Chem



Nature's Nourishment Epsom Salt 1.36kg / Assorted
79⁹⁶
WAS 99⁹⁵

soak



Dr Teal's Ultra Moisturizing Bath Bombs 5-piece / Assorted
111⁹⁶
WAS 139⁹⁵



Dr Teal's Body Wash with Pure Epsom Salt 710ml / Assorted
119⁹⁶
WAS 149⁹⁵

wash

Nature's Nourishment Shower Gel 1 litre
PLUS
Hand & Body Lotion 175ml Assorted
67⁹⁶
per pack
WAS 84⁹⁵



Nature's Nourishment Shower Gel 1 litre
PLUS
Hand & Body Lotion 175ml Assorted
67⁹⁶
per pack
WAS 84⁹⁵



Cleanlogic Dual Texture Body Scrubber #293248
55⁹⁶
WAS 69⁹⁵

exfoliate

Cleanlogic Exfoliating Soap Saver #293244
47⁹⁶
WAS 59⁹⁵



Cleanlogic Exfoliating Body Gloves #293229
63⁹⁶
WAS 79⁹⁵

nourish



Nature's Nourishment Signature Collection Body Lotion 1 litre / Assorted
95⁹⁶
WAS 119⁹⁵



20% OFF
These products**

indulge



Skin eFX Luxury Foam Bath 2 litres Assorted
47⁹⁶
WAS 59⁹⁵



Nature's Nourishment Signature Collection Evening Primrose Luxury Soluble Bath Oil 500ml #17406
58³⁶
WAS 72⁹⁵

hydrate

Hydra-Oil Body Oil 200ml #74410
103⁹⁶
WAS 129⁹⁵



*Advertised prices already reflect discount **Offer only applicable on the above advertised products

SAVE 10⁰⁰* per pack
VALUE PACK



Dove Beauty Cream Bar Value Pack 4 x 90/100g Assorted
48⁹⁵
per pack
WAS 58⁹⁵

2+1 FREE
on ANY Dove Body Wash 750ml



Dove Body Wash 750ml / Assorted
89⁹⁵
each

1 FOR 76⁹⁵
2 FOR 100⁰⁰
SAVE 53⁹⁰



Dove Body Lotion 400ml Assorted
53⁹⁰



Radox Body Wash 400ml / Assorted
39⁹⁵
each
WAS 52⁹⁵

SAVE 13⁰⁰*
each



Bio-Oil Body Lotion 250ml #328787
109⁹⁵
WAS 189⁹⁵

Bio-Oil Dry Skin Gel 200ml #205364
119⁹⁵
WAS 199⁹⁵

2+1 FREE
on ANY Lux Body Wash 750ml



Lux Body Wash 750ml / Assorted
75⁹⁵
each

1 FOR 79⁹⁵
2 FOR 110⁰⁰
SAVE 49⁹⁰



Good Stuff Crème Foam Bath 1.3 litres Assorted
79⁹⁵

2+1 FREE
on ANY NIVEA Shower Gel 750ml



NIVEA Shower Gel 750ml / Assorted
99⁹⁵
each

BUY 1 SOFTLIPS PRODUCT
GET 50%* OFF
THE SECOND SOFTLIPS PRODUCT**



Softlips Repair Lip Balm SPF15 Assorted FROM 35⁹⁵ each

*Advertised prices already reflect discounts

FLIP CATALOGUE OVER FOR YOUR BEST BUYS!



Delivered to your door
OR collect from any Dis-Chem store nationwide dischem.co.za

dischem.co.za

FREE delivery on orders of R600⁰⁰ or more in major metropolitan areas. No charge for collection in-store.

Dis-Chem
PHARMACIES

Pharmacists who care